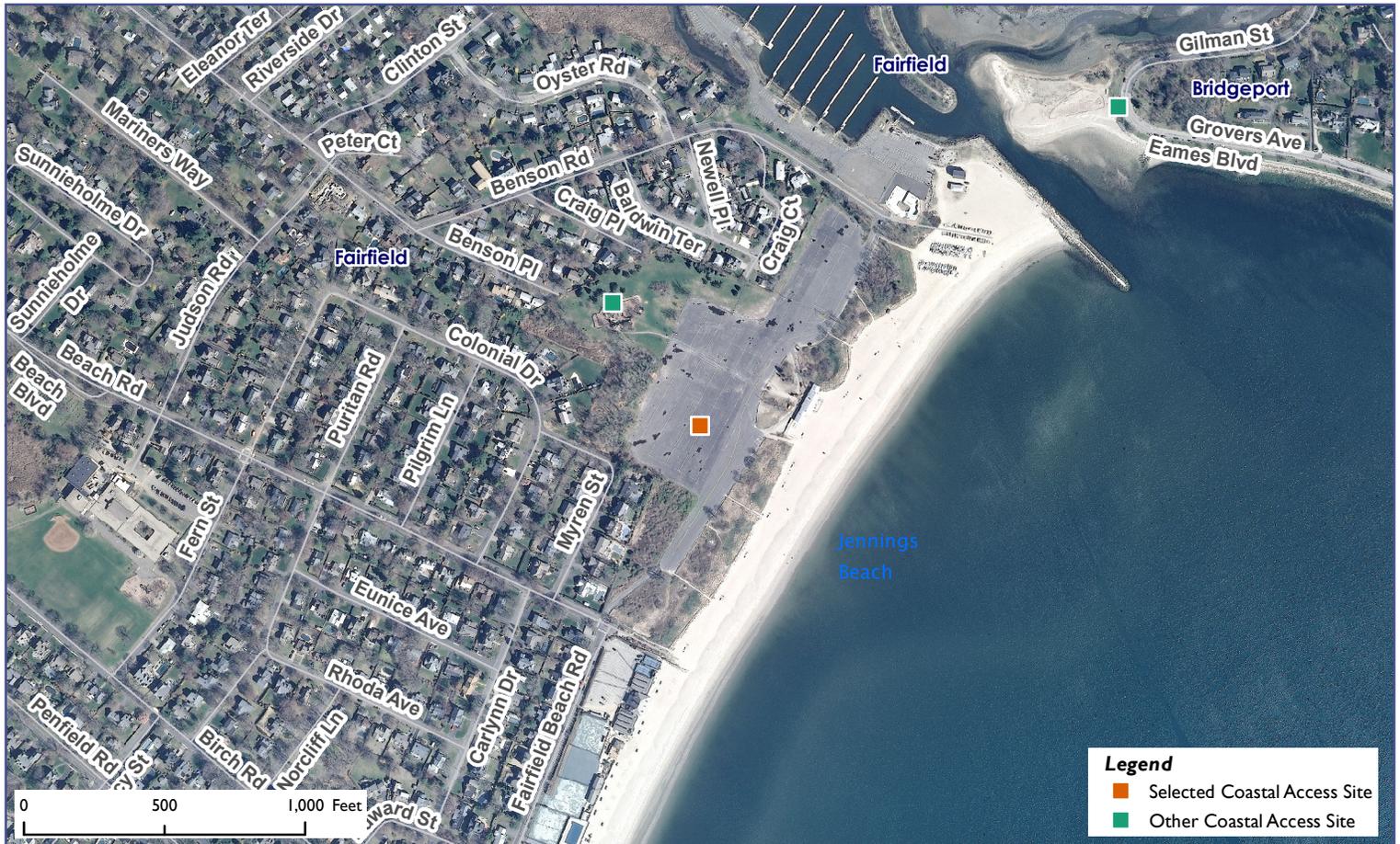


# Connecticut Coastal Access Guide

Jennings Beach

South Benson Road Fairfield, CT 6430



**Legend**

- Selected Coastal Access Site
- Other Coastal Access Site

**Site Description:** Jennings Beach offers visitors a large sandy beach with great views of Long Island Sound. Also located nearby is Ash Creek Open Space for those visitors who are interested in launching their boats. Visit the Town of Fairfield's Marina web page for more information on boat launching.



Activities					
	Bird & Wildlife	Yes		Supervised Swimming	Yes
	Crabbing	No		Unsupervised Swimming	Yes
	Fishing	Yes		SCUBA Diving	No
	Shellfishing	No		Historic/Cultural Interest	No
	Trails	No		Waterfowl Hunting	No
	Walkways	No			
Facilities					
	Access Pier	Yes		Handicapped Access	Yes
	Boat Launch Ramp	No		Nature Center/Museum	No
	Car-top Boat Access	No		Picnic Area	Yes
	Camping	No		RV Camping	No
	Food Concession	Yes		Sanitary Facilities (Seasonal)	Yes
Environmental Setting					
	Bluff, Escarpment	No		On Long Island Sound	Yes
	Harbor Setting	No		Rocky Shore	No
	Intertidal Flat	No		Sandy Beach	Yes
	Island	No		Tidal River	No
	Tidal Wetland	No		Lighthouse	No
<b>Parking:</b> Parking Lot		<b>Fee:</b> Yes			



CONNECTICUT DEPARTMENT OF  
ENERGY & ENVIRONMENTAL PROTECTION  
79 ELM STREET  
HARTFORD, CT 06106-5127

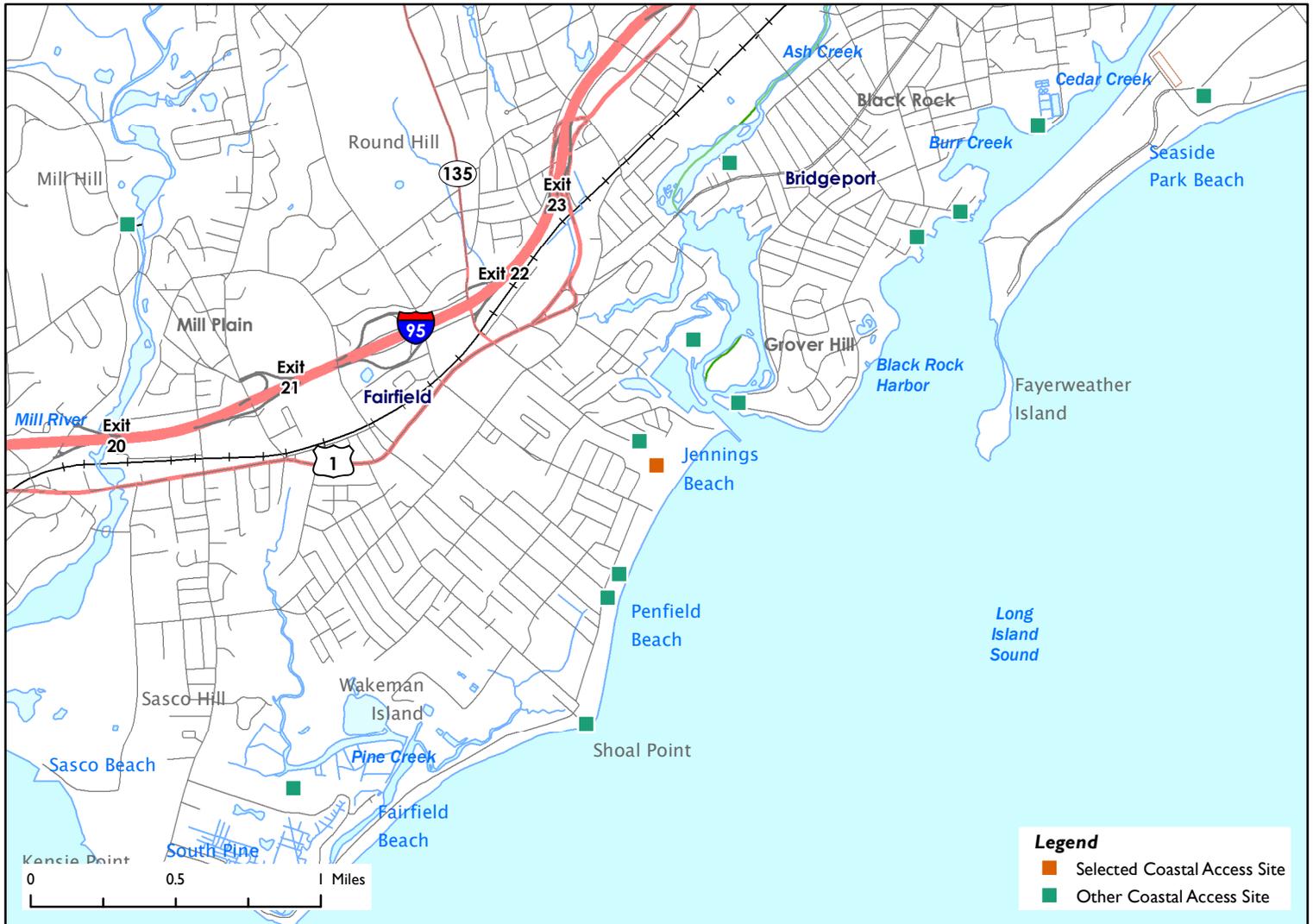
**EXPLORE CONNECTICUT'S SHORE**



# Connecticut Coastal Access Guide

Jennings Beach

South Benson Road Fairfield, CT 6430



**Legend**

- Selected Coastal Access Site
- Other Coastal Access Site

**Latitude:** 41.141048 **Longitude:** -73.238502

### Directions:

**From the East:** Take I-95 South. Take the Route 135/ North Benson Road exit 22 and continue 0.15 miles. Turn left onto North Benson Road/ Route 135 and continue 0.22 miles. Turn right onto Boston Post Road/ US-1 and continue 0.21 miles. Turn right onto South Benson Road which runs into Jennings Beach. At the stop sign merge to the left at the fork. Follow this road and the entrance to Jennings Beach will be on the right.

**From the West:** Take I-95 North. Take the Mill Plain Road exit 21 and continue 0.21 miles. Turn right onto Mill Plain Road and continue 0.19 miles. Turn left onto Boston Post Road/ US-1 and continue 0.38 miles. Turn right onto South Benson Road which runs into Jennings Beach. At the stop sign merge to the left at the fork. Follow this road and the entrance to Jennings Beach will be on the right.



### Additional Site Information:

Town of Fairfield  
75 Mill Plain Road  
Fairfield, CT 06824  
<http://www.fairfieldct.org/>

### General Questions or Comments:

Land and Water Resources Division  
Phone: (860) 424-3034  
Email: [coastal.access@ct.gov](mailto:coastal.access@ct.gov)  
[www.ct.gov/deep](http://www.ct.gov/deep)



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Updated: August 2019