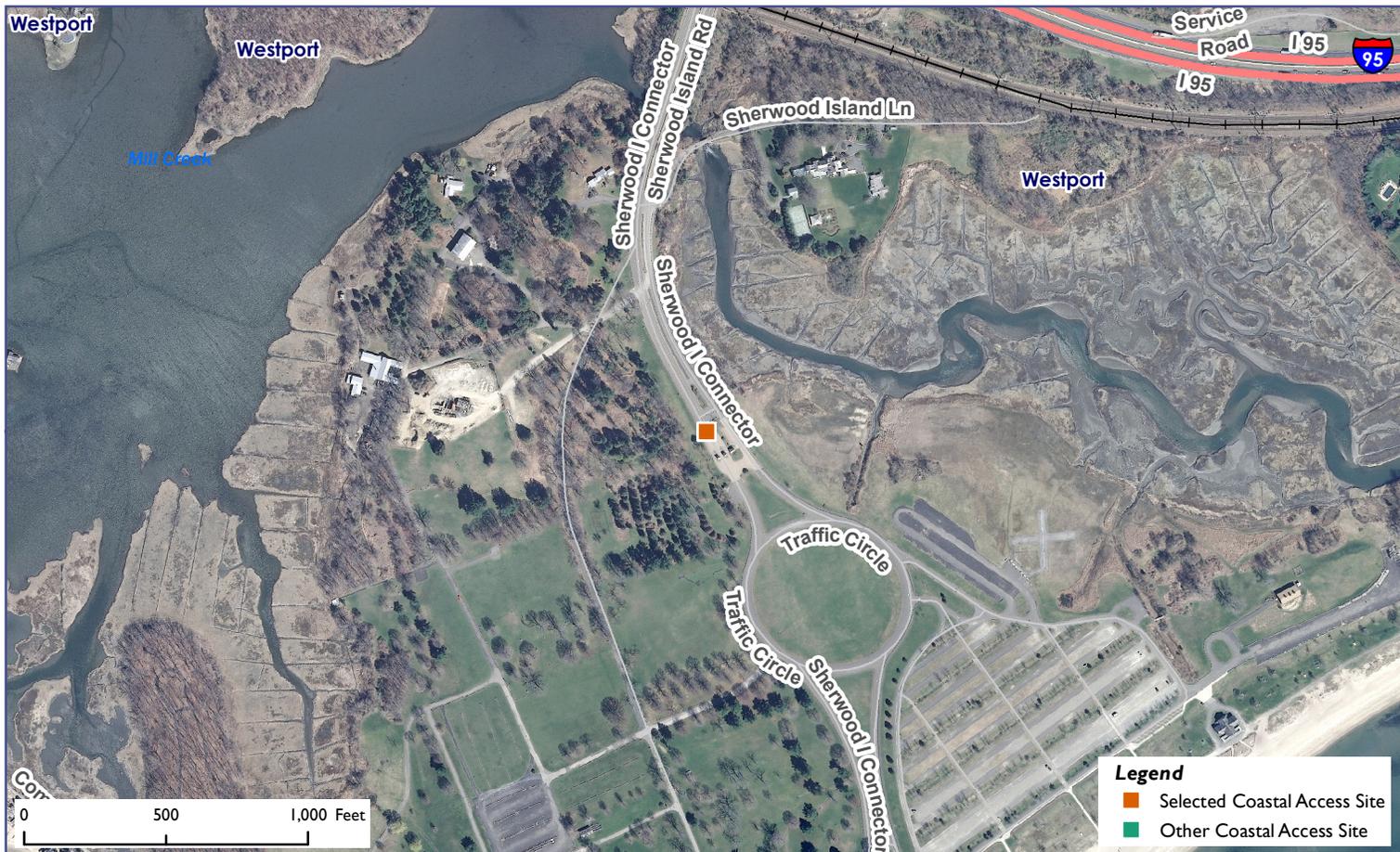


# Connecticut Coastal Access Guide

Sherwood Island State Park

Exit 18 off I-95 Westport, CT 6880



**Site Description:** Have a leisurely lunch in the shade of the picnic grove, swim in Long Island sound, or view marsh life from the observation platform at Sherwood Island State Park. To access the Park's car-top boact launch, follow signs to the east side of East beach to the southeast corner of the parking area beyond the nature center.

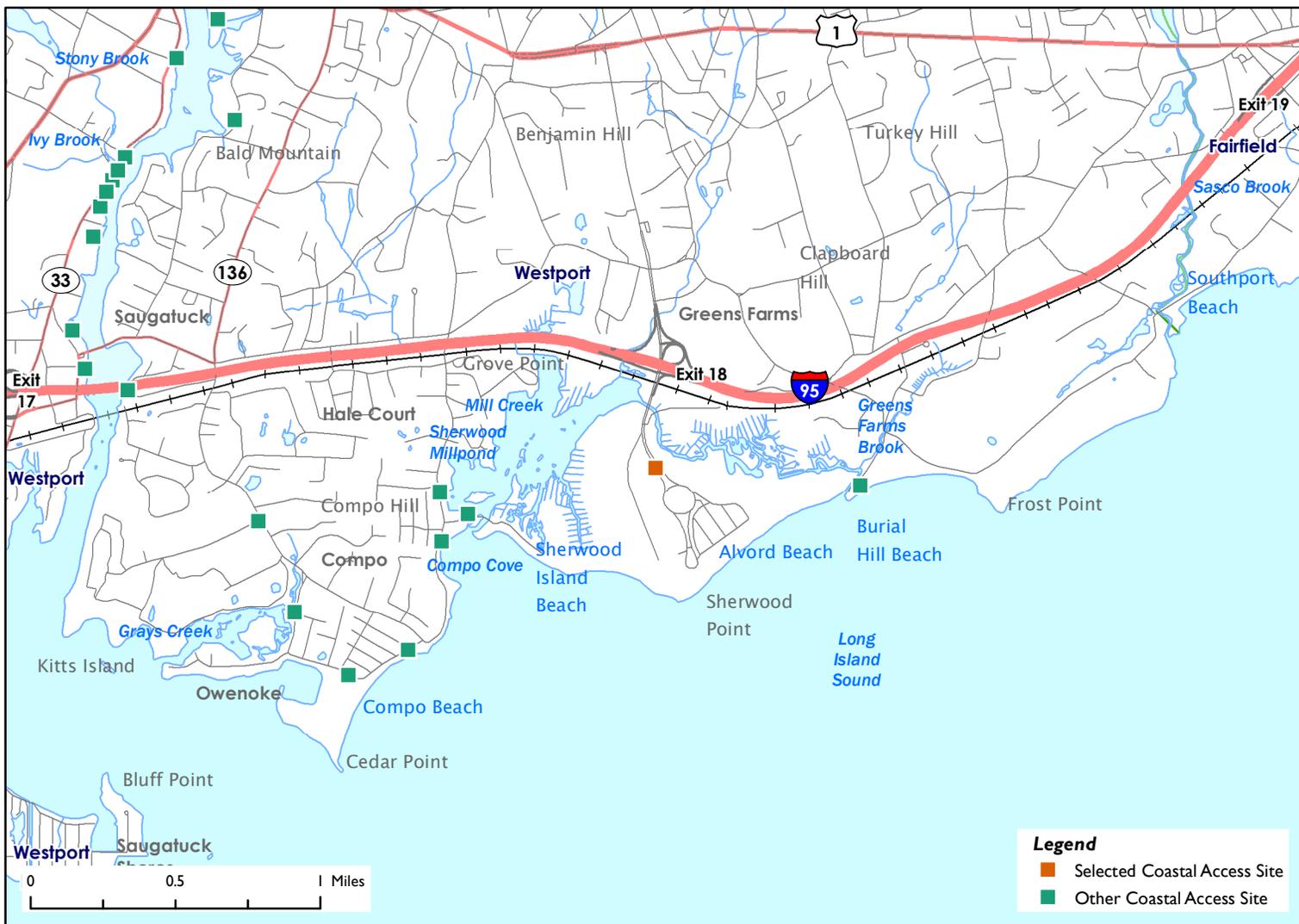


Activities			
	<b>Yes</b>		<b>Yes</b>
	<b>No</b>		<b>Yes</b>
	<b>Yes</b>		<b>No</b>
	<b>No</b>		<b>Yes</b>
	<b>Yes</b>		<b>No</b>
	<b>Yes</b>		
Facilities			
	<b>No</b>		<b>Yes</b>
	<b>No</b>		<b>No</b>
	<b>Yes</b>		<b>Yes</b>
	<b>No</b>		<b>No</b>
	<b>Yes</b>		<b>Yes</b>
Environmental Setting			
	<b>No</b>		<b>Yes</b>
	<b>No</b>		<b>No</b>
	<b>Yes</b>		<b>Yes</b>
	<b>No</b>		<b>Yes</b>
	<b>Yes</b>		<b>No</b>
<b>Parking:</b> Parking Lot		<b>Fee:</b> Yes	



# Connecticut Coastal Access Guide

Sherwood Island State Park  
Exit 18 off I-95 Westport, CT 6880



**Latitude:** 41.116949 **Longitude:** -73.332096

### Directions:

From the East: Take I-95 South to exit 18. From US Route 1, take the Sherwood Island Connector past Route 95 directly into the park.

From the West: Take I-95 North to exit 18. From US Route 1, take the Sherwood Island Connector past Route 95 directly into the park.



### Additional Site Information:

CT Department of Energy and Environmental Protection  
79 Elm Street  
Hartford, CT 06106-5127  
<http://www.ct.gov/deep>

### General Questions or Comments:

Land and Water Resources Division  
Phone: (860) 424-3034  
Email: [coastal.access@ct.gov](mailto:coastal.access@ct.gov)  
[www.ct.gov/deep](http://www.ct.gov/deep)



CONNECTICUT DEPARTMENT OF  
ENERGY & ENVIRONMENTAL PROTECTION  
79 ELM STREET  
HARTFORD, CT 06106-5127

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Updated: August 2019