

ALCOHOL & DRUG POLICY COUNCIL (ADPC)
Meeting of Tuesday, April 17, 2018
State Capitol, Old Judiciary Room
Hartford, CT
10:00 a.m.

ATTENDANCE

Members/Designees: Craig Allen, Rushford; Charles Atkins, CMHA; Maureen Dinnan, Representative for Rose Rebimbas; Marcia DuFore, NCRMHB; Ingrid Gillespie, CT Prevention Network; David Guttchen, OPM; William Halsey, DSS; Nancy Navarretta, DMHAS; Mary Painter, DCF; Surita Rao, UCONN Health; Arielle Reich, DESPP; Julie Revaz, Judicial; Kristina Stevens, DCF; Judith Stonger, Wheeler Clinic; Phil Valentine, CCAR

Visitors/Presenters: Loel Meckel, DMHAS; Rebecca Allen, CCAR; Jennifer Chadukiewicz, CCAR; Nipum Marnoh; Elizabeth Bouono; Natalie Daly; Joseph Riter, RSL; Kim Jackson, United Way; Barbara Lanza, CSSD; Heather Clinton, DPH; Shobha Thauyude, DPH; Amy Mirizzi, DPH; Mark Jenkins, GHRC; Kim Karanda, DMHAS; Michael Klau-Stevens, DMHAS; Ramona Anderson, DPH; Allison Fulton, HVCASA; Thomas Fulton, HVCASA/Americorp; Kathleen Mauer, DOC; Tanike Whittingham, DOC; Jay Osborne, CCAR; Suzanne Doyon, CT Poison Control; Robert Bepko, WCMHN; Sandra Violette, DOC

Recorder: Karen Urcioli

The April 17, 2018 meeting of the Alcohol & Drug Policy Council (ADPC) was called to order at 10:00 a.m. by Deputy Commissioner Navarretta, DMHAS. The meeting was co-chaired by Deputy Commissioner Stevens, DCF.

Topic	Discussion	Action
Welcome and Introductions	Members of the Council introduced themselves and Deputy Commissioner Navarretta welcomed all in attendance.	Noted
Review and Approval of Minutes	Minutes were reviewed and approved as written.	Noted
Approved Recommendations from February 2018	Deputy Commissioner Navarretta reported that the commissioners reviewed all of the recommendations put forth by the subcommittees; they have approved all the new recommendations. The tracking document included in today's packet lists all of the past and present recommendations and the progress the made. The document will continue to be updated. Deputy Commissioner Stevens commended and thanks the subcommittees for all the work that they do.	Noted
State Epidemiologic and Outcomes Workgroup (SEO) Substance Use Prioritization Process	Dr. Jane Ungemack provided the following report. The Center for Prevention Evaluation and Statistics: A DMHAS-funded Resource Link, coordinated and staffed by UCONN Health to: <ul style="list-style-type: none"> • Identify, collect, analyze, interpret and disseminate data pertaining to substance use prevention and mental health promotion; • Track behavioral health indicators; • Convene, support and chair the SEOW; • Develop and maintain an interactive data repository available to DMHAS, other state agencies, and statewide stakeholders; • Disseminate findings via technical reports, epidemiological profiles, presentations, consultation; • Provide research and statistical expertise and support; • Provide training and technical assistance for evaluation and use of data. <p>* The full PowerPoint presentation with all the data/stats can be found on the DMHAS ADPC webpage.</p>	Informational
Healthcare Compliance Packaging Council	Walter Beghahn, Executive Director of the Healthcare Compliance Packaging Council provided the following report. Mission <ul style="list-style-type: none"> • To advance the use of compliance-prompting packaging to improve medication adherence, patient safety and patient 	Informational

Topic	Discussion	Action
	<p>health outcomes.</p> <p>What is the Purpose of Pharmaceutical Packaging?</p> <ul style="list-style-type: none"> • Protect the properly prescribed patient – facilitate intended use • Protect the product from point of manufacture to and through point of use – protect the product and the patient from unscrupulous players in the supply chain • Protect the healthcare system from unwanted cost and unnecessary patient harm • Pharmaceutical <p>Pharmaceutical packaging can help inhibit opioid abuse</p> <ul style="list-style-type: none"> • Challenge for Opioid Packaging Solutions <ul style="list-style-type: none"> ~ Avoid tunnel vision ~ Proper solutions need to consider supply chain, pharmacy and patient <p>Current concerns with delivery, Storage and Misuse of Opioids</p> <ul style="list-style-type: none"> • Patient misuse <ul style="list-style-type: none"> ~ Intentional and unintentional • Non-patient misuse <ul style="list-style-type: none"> ~ Child poisonings ~ Diversion ~ Theft ~ Resale on street ~ Oversupply <p>Safe Supply Chain/Safe Patient</p> <ul style="list-style-type: none"> • Secure from Manufacturer to Pharmacy • Secure through Pharmacy to Patient • Protected until patient use • Used properly by patient <p>How can compliance-prompting features address the opioid epidemic</p> <ul style="list-style-type: none"> • What types of compliance packaging can support these goals? • Simple solution <ul style="list-style-type: none"> ~ Billboard messaging ~ Creating space for self-recording of dispense events on the package ~ Couple with app for scanning for each dispense event • Digital recording of dispense events via Near Field Communication (NFC), Radio Frequency Identification (RFID) <p>FDA Supports Blister Packaging to Help with Opioid Epidemic</p> <ul style="list-style-type: none"> • 2017 - FDA conducts research and hosts 2 meetings to consider blister packaging to reduce misuse of opioid analgesics • Jan 2018 FDA Executive Director comments on benefits of blister packaging • Jan 2018 FDA Rules in Favor of Blister Packaging for Reduced Dosages of Loperamide <p>Conceptual Opioid Packaging</p> <ul style="list-style-type: none"> • Blister format coincides with CDC and FDA;s recommended 3, 5 and 7 day dosing regimen for initial scrips • Compliance packaging geared toward maintaining safe, regular dosing • In opioid scenario – we're attempting to prevent unintentional overdosing <ul style="list-style-type: none"> ~ Simple package can have patient or caregiver record when doses are taken <p>HCPC Prescription Packaging in Use Stability Study</p>	

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	<ul style="list-style-type: none"> • Basic conclusion: <ul style="list-style-type: none"> ~ The only way to guarantee product quality and efficacy will be maintained through a normal use cycle is with PVC/Aclar® or other high barrier films and maintain temperature profile. ~ Unique outcomes seen in these three products indicates how little we know about the impact of common storage conditions on the quality of the \$320 billion of drugs we dispense today. <p>Opioid Challenge for Packaging</p> <ul style="list-style-type: none"> • Today compliance packaging is in a position to make a significant contribution to pharmaceutical safety by impacting multiple areas of the supply chain. • No longer perceived as the “one trick pony”, multiple benefits are available from implementation. • Avoid tunnel vision with solution <ul style="list-style-type: none"> ~ Do not fix one problem with another • Host of industry suppliers ready to provide compliance package opioid solution <p>* The full PowerPoint presentation with all the data can be found on the DMHAS ADPC webpage.</p>	
Sub-Committee Reports		
<ul style="list-style-type: none"> • Prevention, Screening and Early Intervention 	<p>Ingrid Gillespie provided the following update:</p> <ul style="list-style-type: none"> • HB-7052 with regard to safe disposal - they are still looking for clarification with respect to global law enforcement as it's written. • Met with DPH regarding the non-opioid directive form which is available on the DPH website. They will now identify specific actions on how to get the word out that the form exists. • Age appropriate, evidence-based opioid curricula - a copy of New York's curriculum has been obtained and they will be looking at that. • Providing guidance and encouraging the stocking of naloxone in schools – Scott Newgass, SDE, was not able to make it to their last meeting but they are connecting with him about getting a letter out to schools. • Expanding naloxone education and availability to high risk populations – have identified several high risks groups, need to work out how to get information out to them. <p>Judith Stonger provide the following update:</p> <ul style="list-style-type: none"> • Change the script campaign – it's the statewide opioid awareness campaign which is on billboards across the state, on buses and several other areas, is off to a great start. Drugfreect.org is the reference site for all the materials, they are seeing a bump in the use of the website. • National Prevention Week – every year SAMHSA hosts a national prevention week, this year's will be May 13th – 19th. There will be a Governor's proclamation of CT observance of the week. On May 14th there will be a press conference about the proclamation along with a health fair at the State Capitol. On May 16th DPH will be hosting an opioid conference and on My 19th National Prevention Week will be celebrated at the Yard Goats game, Commissioner Delphin-Rittmon will be there speaking on the field. 	Informational
<ul style="list-style-type: none"> • Treatment 	<p>Dr. Charles Atkins provided the following update:</p> <ul style="list-style-type: none"> • In working with a client, Dr. Atkins found first hand that the new bed availability navigation system is saving hours of time when looking for detox beds. • This subcommittee has been educating themselves about new legislation. • Deputy Commissioner Stevens and Kim Karanda met with the group educated them on how CT is responding to the new Child Abuse Prevention and Treatment Act (CAPTA). • They have been making some changes to the bed availability system found on the DMHAS website. • Documentation for drug screens for adults and adolescents have been added to the DMHAS website. 	Informational

Topic	Discussion	Action
	<ul style="list-style-type: none"> • They have been looking at variety of regulatory barriers. 	
<ul style="list-style-type: none"> • Recovery and Health Management 	<p>Phil Valentine provided the following update:</p> <ul style="list-style-type: none"> • This committee continues to look at all different pathways to recovery. They met last week and discussed what a recovery friendly community would look like. Danbury and New London and possibly Manchester are interested in looking at the worksheet and self-assess what it would take to create a recovery community. • Senator Chris Murphy put forward some national legislation that would require recovery coaches in every emergency department across the country. 	Informational
<ul style="list-style-type: none"> • Criminal Justice 	<p>Loel Meckel and Julie Revaz provided the following update: The group met last week and are working on developing the following recommendations:</p> <ul style="list-style-type: none"> • Plans to expand MAT to more people in DOC. • Plans to provide Naloxone to people discharging from DOC • Building on the police referral program for people with substance abuse problems 	Informational
Other Business	<p>Deputy Commissioner Navarretta reported that there was a press release from the Governor's office announcing that The National Safety Council awarded CT its highest mark for the state's response to the opioid crisis. This is one way to measure what we have done; there are other measurements out there. This particular measure was looking at what has improved over the past couple of years. The work of this council is being recognized and the progress made makes us one of the 13 states that is categorized as improving.</p>	

NEXT MEETING – Tuesday, June 19, 2018, 10:00 – 12:00, Legislative Office Building

ADJOURNMENT - The April 17, 2018 meeting of the Alcohol and Drug Policy Council adjourned at 12:00 p.m.