Alcohol and Drug Policy Council Prevention Subcommittee

Meeting Summary

| Meeting Date/Location: | Monday, September 16, 2019, 1:30PM-3:30PM, CT Valley Hospital, Page Hall, Room 217 | | |
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| Participants in | In Attendance: C. Meredith, S. Bouffard, D. Lake, G. Mozzo, R. Anderson, M. Murray, A. Wood, C. Zambetti, S. Lang, I. Gillespie, J. Stonger, Guests: S. Owen, D. Grodzki, S. Moran, D. Colafati | | |
| Attendance | | | |
| | On Phone: R. Marriott, R. Tousey-Ayers, A. Fulton, D. Daniels, A. M | lirrizzi, V. Maignan, L. Arroyo | |
| TOPIC | DISCUSSION | ACTIONS / DECISIONS | |
| 1. Welcome & Introductions | The meeting was convened at 1:31 PM and began with introductions. The minutes were reviewed. | Minutes were approved | |
| 2. Federal Grant Updates | SAMHSA – Partnership for Success 2015 This update focused on the Young Adult Survey that is being implemented by the Center for Prevention Evaluation and Statistics (CPES). This survey has completed Phase 1, that was social media based, and Phase 2 will begin within the next week. Phase 2 will include social media as well as other methods. The survey is for young adults between the ages of 18-25 years old and residing in CT. All PFS grantees continue to implement prevention strategies, create and disseminate program information. SEOW meetings continue quarterly and the Evidence Based Workgroup meets bi-monthly. DPH/CDC Grant SAMHSA - Strategic Prevention Framework for Prescription Drugs The 4 health districts funded under this initiative are well underway with their activities to raise awareness about the dangers of prescribing, sharing and using opioids. The Academic Detailing Pilot will begin in October. The Pilot includes three - twenty minute modules on the CPMRS, Naloxone, and MAT. Sessions will be scheduled with pharmacists and/or prescribers who can commit to all three sessions; and in turn will receive Continuing Education Credits. The CPMRS Module was outlined in detail, highlighting the objectives, what a visit looks like, and next steps. Pictures of the materials for the Pilot were shown. SAMHSA – State Opioid Response SOR grant updates can be found on the DMHAS website. There was a recent national press conference that awarded the 2 nd year funds for the initiative. Clarification was also provided regarding | | |

the work of the State Education Resources Center. They are developing a guiding curriculum that can be infused across various subject areas. The guiding curriculum will be on substance abuse prevention with a focus on opioids.

SAMHSA – ASSERT (State Youth Treatment Implementation)

- Workforce Development: training sessions continue with upcoming sessions focused on CRAFT (Community Reinforcement & Family Training) for substance use practitioners and parents/families. Past trainings include:
 - Cultivating Cultural Humility: A Practice for Service Providers
 - Biology of Addition
 - Breaking the Stigma of Substance Use Disorders
 - Adolescent and Substance Use Disorders
 - Opioids: Whole Person & Family Approaches to Treatment & Recovery
- Financial Mapping: In the process of developing an integrated financial map to include youth mental health state expenditures along with youth substance use state expenditures (Data sources will be limited to DCF and Medicaid Claims data).
- Communication Campaign: We've been working with the creators of DMHAS's LiveLOUD campaign to expand the campaign to include families; with the objective of increasing the awareness of in state youth/young adult treatment services & supports.
- ➤ Family Engagement: We are in the process of developing a SU conference aimed at empowering families/family groups across CT to:
- 1. access care,
- 2. deliver family support,
- 3. and advocate for services.

3. Workgroup Updates

Resetting Pain Expectations

Group reviewed creative concepts for new materials that will be part of the Change the Script campaign. The materials will include new visuals and a "Pain Profile" worksheet for individuals to use as a tool when talking with physicians and tracking their pain.

Workplace Policies

In the process of re-scheduling meeting. No updates.

SEI/FASD

- Second workgroup meeting held, attended by legislative liaisons who detailed the legislative process
- Discussed potential policy and legislative changes as

| | well as possibly hosting an educational event Some ideas may best be accomplished through education rather than legislation Subcommittee members approved SEI/FASD workgroup recommendation language to be submitted to full ADPC council on 10/15/2019. | |
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| 4. Tracking Sheet Review & Update | Effective 10/1/2019 Public Act 19-191 An Act Concerning Opioid Use makes changes in CT General Statutes that address the opioid crisis. The Act also requires higher education institutions, by January 1, 2020, to develop and implement a policy on the availability and use of opioid antagonists by students and employees, and generally notify emergency medical providers when an opioid antagonist is used. There is already a goal pertaining to institutions of higher learning and naloxone in the ADPC Recommendations Tracking document. "Insure that school administrators and/or nurses and college public safety personnel have naloxone available to them and that the ADPC assists with obtaining funds, if necessary" Supported by: SB 1057 proposes that each institution of higher learning (IHL) implement a policy covering the availability and use of opioid antagonists. It further requires that IHLs maintain a supply of opioid antagonists, make them available in a central location to students and employees, and notify authorities when used. The Prevention subcommittee discussed forming a workgroup to assist higher education institutions with development of policy (providing guidance). The CT Healthy Campus Initiative, administered by Wheeler, is supporting campuses in developing policies. | DCP (Rod) is currently drafting guidelines for what should be included in higher education institution policies and will post it on the DCP website. |
| 5. Other/ Member Updates | ✓ The Change the Script campaign released two new flyers that integrate suicide prevention messaging this month in recognition of Suicide Prevention Month. The new flyers can be ordered at drugfreect.org. ✓ NORA app: is in the process of Spanish translation ✓ October 26th is National (Medication) Take Back Day ✓ Drop Boxes: there are new pending locations for drop boxes in pharmacies that can be viewed online on the DCP website | |
| Next Meeting | Monday, October 21st 1:30pm-3:30pm Location: CVH Page Hall, 217 | |