

June 13, 2019

Recovery and Health Management Sub-committee minutes:

Present: M. Painter, W. Cooper, H. Maldonado, L. Siembab, B. Metcalf, B. Buller, L. Mcnish, S. Derby, A. Gopoian, J. Bannon, Justin Mehl

TOPIC	DISCUSSION	ACTION
Introductions & Review of Minutes	Highlighted minutes: -Recovery Friendly Community (RFC) Outreach List -RFC Recommendation for full ADPC Council meeting	-Send revisions/changes/updates on Outreach List to Lauren. -No need to bring RFC back to full Council, RFC is supported. Highlight the momentum of the RFC effort at next sub-committee report out to full Council (by Hector on 6.18.19)
RFC Logo	-Thank you to DOC and O'Donnell group. Distributed 3 window clings: "RFC, LiveLoud, Naloxone available here" to be distributed widely. -T-shirt development: DOC can make them. Logo not trademarked, is public domain, so others can use it. -Recovery Tool Kit is on LiveLoud website, but needs to have increased visibility. -DCF has contracted with O'Donnell group to expand LiveLoud campaign to work with youth and families.	-Window clings will be handed out at full ADPC Council meeting. Requests for additional ones should be made to Lauren. -DOC can make a screen print (\$70) and print T-shirts. DOC to obtain quote. -DMHAS to request O'Donnell to add it to Recovery Tool Kit on website.
Youth Recovery Support update	-CROSS is currently receiving federal technical assistance (BRSS TACS through 9.30.19). TA has resulted in: --Youth recovery board structure has started (it will have sub-committees, such as marketing); Collaboration with other youth groups, such as JoinBeRise; Mission/vision	-CROSS advisory board will be invited to future sub-committee meeting to ask for their opinion re transportation barriers, what they need for increased visibility, support, etc. -As part of ADPC Sub-committee report out next Tuesday, include: expanding efforts of

	<p>under development; sustainability plan to be developed.</p> <ul style="list-style-type: none"> -CROSS to be issuing Requests to expand Smart Recovery and APG groups to up to an additional 25 sites. -This sub-committee recommends that a 5th ADPC sub-committee be developed for Youth Recovery. In addition, this recommendation includes that there be youth representation on all of the sub-committees. Family Recovery will remain with this sub-committee and family representation to be added to all sub-committees. -Transportation can be a barrier for youth participation. 	<p>Youth Supports, looking for young people and family members to be part of all sub-committees.</p> <ul style="list-style-type: none"> -Options to online groups, such as Group Skype, text messaging, apps, to be pursued. -CROSS to pursue additional Technical Assistance options when current one ends. -Anan has started bereavement groups, will share brochure once printed.
Other	<ul style="list-style-type: none"> -Need to increase use of texting, apps. Many opportunities to engage other stakeholders:: entertainment/I-HART radio, Rockers in Recovery; car dealerships, civic groups (Elks, Rotarians), funeral directors, realtors, Naloxone kits to Canines Children’s Center of Hamden obtained funds from Purdue Pharma to start a “Recovery Team” that does texting, transportation, etc. -Phase2 LiveLoud campaign currently underway: seeking real people with real recovery and MAT experience. -Fentanyl should be included in all aspects of the Opioids and ADPC conversation. -Empower communities to develop their own solutions (such as mobile vans) 	<ul style="list-style-type: none"> -Invite CCOH Recovery Team to next Sub-committee meeting and consider them for full Council meeting in the Fall. -Seeking 10-15 persons for LiveLoud Campaign, contact Lauren with potential participants. -DMHAS/DCF to discuss inclusion of Fentanyl discussion to all of the other sub-committee chairs. -Review LiveLoud site for inclusion of fentanyl information.