

## Recovery and Health Management Sub-committee minutes

**July 11, 2019**

**Present:** M. Painter, W. Cooper, H. Maldonado, L. Siembab, B. Metcalf, B. Buller, L. Mcnish, S. Derby, A. Gopoiian, J. Bannon, Justin Mehl

TOPIC	DISCUSSION	ACTION
Introductions & Review of Minutes	Congratulations for the National AATOD “Marie” award for Lauren Siembab.	Typo corrected Anan changed to Ana. Invite CCOH to next meeting to discuss youth outreach activities
RFC Logo	Logo distribution, T-shirts, Stickers/static stickers.  “8 milligrams of hope” poster has been negatively received by some persons with lived experience.  Thank you to Jodi for bringing RFC concept to this group.  There are a lot of friendly businesses within a Community that has not endorsed it at large, so clings can be spread broadly without the entire community endorsing it. Another idea: WARF, “we are recovery friendly”	DMHAS has for distribution RFC window clings.  Still need DOC information on T-shirt costs. May put screen on <i>LiveLoud</i> website that people can download. Logo will become available from O’Donnell toolkit.  DMHAS will share feedback on O’Donnell MAT campaign.  Create second iteration to logo that adds “We are recovery friendly”. Also add directions on how to use the window cling.
New RFC Updates	Plan to do Middlesex Chamber of Commerce community presentation. The 5 RBHAOs have received the list and the stickers to promote RFCs. Bristol Hospital: Recovery Coaches going live in August, initiating MAT at ED, etc.	Ad Groton, Hamden and New Britain to the list.
Youth Recovery Support update	Discussed alternatives to having a 5th sub-committee for ADPC. There is a spot for the full Council for a young person, need to identify and nominate a person. Transportation, being able to leave school	Identified the need to pull resources that you are aware of and send to Mary Painter and will be added to the minutes.  ASSET mapping youth recovery resources.

	<p>needs to be supported. How to nominate someone for the full council. Have the youth identify someone to represent them. Find ways to bring young people onto all of the sub-committees.</p> <p>DOC-Manson males 15-17, 18-21. Looking to offer mentoring services for them. Educate ourselves about activities/groups that are out there for youth. Identified several youth groups: DCF Youth Advisory Board, CROSS, CCOH outreach, Turning point, SURGE, Newport Academy are meeting at CCOH meetings monthly, AA has youth groups. CCAR is putting on youth recovery coach academy in August at UCONN.</p>	<p>Check on status of Turning point's effort to do this. Do youth recovery conference: end of June 2020, designed/driven by youth.</p> <p>Recovery Walk is 9/21 12-6. September is Recovery month. Have CROSS booth/tent at CCAR.</p> <p>DOC looking for young person volunteers to mentor at Manson, send any support ideas to Anna at DOC via her email that is on the group email.</p>
Other	Silver is the new OD color.	

Next sub-committee meeting: Thursday 8.8.19 9-10:30AM, room tbd

Next ADPC Meeting: Tuesday, 8.20.19 10AM -12 PM