

## Recovery & Health Management Sub-committee

8/8/19

**Present:** M. Painter, Jennifer. C, J. Mehl, S. Derby, A Gopolan, J. Bannon, S. Tullock, A. Trimachi, D. Chadukiewicz, W. Cooper

**Guests:** C. Hauser, S. Williams-Burris, M. Breraton

TOPIC	DISCUSSION	ACTION
INTRODUCTIONS		
REVIEW OF MINUTES	REVIEWED & ACCEPTED	
Presentation on Children’s Center of Hamden (CCOH) efforts to work with youth	<p>CCOH has specific efforts to target substance use and recovery gaps specifically for youth, recognizing that they have differing needs from adults:            1) youth not linked to services, need navigation, 2) support network outside of treatment.</p> <p>Rationale: teen brains not developed until age 25, increasing risk of developing SUD later and increased high risk behavior; CT has high rates of youth who have tried substances, primary marijuana use. Only 10% of youth who need SUD access it.</p> <p>CCOH wrote for and received funds from Purdue Pharma to create a non-clinical recovery team to link to treatment and recovery supports. Components:</p> <p>Recovery Team: 13-19 year old, with exceptions (saw 11 year old). Need to live in CCOH catchment area. Youth who do not use and Chill” recovery peer group social group and SMART recovery group and family and friends group (on Instagram); navigation/case management; staff are trained in CCAR Recovery Coaching, SBIRT, SMART Recovery. Viewed Video. Preliminary data on outcomes promising. SURGE is a local resource guide, CCOH to share with 211.</p>	
Recovery Friendly Community Logo	2 logos: 1) recovery friendly logo 2) we are recovery friendly.	Will be complete from DOC and done this

		week.
Recovery Friendly Community Pilot updates	Simsbury and East Hartford are 2 interested communities. Jennifer meeting with New Britain mayor. Hamden is in process.	Wendy to follow up with Simsbury and East Hartford. Need to determine who will facilitate in New Britain. Pursue Wethersfield (Deb)
Youth in Recovery: continuing discussion and next steps	CCOH presentation (above)	Sub-committee recommends that they present to full council, including model, outcomes, data by race, video, and sustainability ideas.
Other	9/12/19 Harm Reduction Conference, sign up is open now. CCAR Recovery Walk 9/21/19	

**Next meeting:** Thursday September 19, 2019 9:00-10:30AM

**Next full ADPC council meeting:** Tuesday August 20, 2019 10AM-12 PM