

**ALCOHOL & DRUG POLICY COUNCIL (ADPC)**  
**Recovery and Health Management Sub-Committee**  
**Meeting of July 13, 2017**  
**CCAR Hartford Recovery Center, Hartford, CT**

**PRESENT:** Co-Chairs: Hope Auerbach , Phil Valentine Members Present: Jason Bannon; Virginia Adams; Yanique Whittingham; Sarah Howroyd; Dr. Ece Tek; Julie Revaz; Staff Present: Lauren Siembab (DMHAS); Marsha (DCF/UCONN);

<b>Topic</b>	<b>Discussion</b>	<b>Action</b>
<b>Continuing work on the “Language of Recovery” handout</b>	<p>Sarah had done additional research of the topic of “language”. The group agreed that something more visually appealing would be good. Lauren distributed a new version with the National Council format combined with some of the original committee’s document merged with it. Lots of tweaking ensued.</p> <p>Hoping to also do a PSA and posters based on final version of hand-out.</p>	<p>Feedback on the new version for next meeting. Perhaps handout at Council meeting on 8/15.            Phil – incorporate into Coach academy manual and on CCAR website            Hope-IOL parent group            Virginia-MFT program at CCSU            Yanique - DOC facilities            Jason-EAPA and LAP; Nat’l EAPA            Ines-DCF SA training            Mark-ATR newsletter</p>
<b>Continued discussion of “messaging” recommendations</b>	<p>“Recovery Live” on Facebook is a means of getting feedback on some messages we’re considering promoting in CT:            “How do you define recovery?” “What does multiple pathways to recovery mean to you?” How do you respond to this: “You are in recovery if you say you’re in recovery.”</p> <p>We have connected through Lauren with the ADPC Prevention sub-committee to make sure our Recovery messages are considered in the media campaign.</p> <p>At the next full council meeting we will be discussing Recovery Month activities and the ADPC’s role in supporting the CT Recovery event on September 23<sup>rd</sup>.</p>	<p>Phil will discuss with CCAR leadership as to next steps with using “Recovery Live” as a source of information for CT messaging.</p> <p>Lauren and Carol will insure that the sub-committees are in sync with Recovery Messaging. Carol will be sending Phil a survey to complete with Hope.</p>
<b>Possible additional recommendation(s)</b>	Expanding the use of Recovery Coaches system-wide	
<b>Next Sub-Committee Meeting</b>		8/10/17, 9 am – 10:30 am
<b>Next meeting of the ADPC</b>		Tuesday, August 15, 10:00-12:00