

Co-Occurring Disorders Curricula

Developed by the CT Department of Mental Health & Addiction Services

Co-Occurring Disorders Treatment Manual and Workbook

University of South Florida. Free downloads:

<http://mhlp.fmhi.usf.edu/research/rdetail.cfm?prid=121>

The Basics – A Curriculum for Co-Occurring Psychiatric and Substance Disorders – Second Edition

Rhonda McKillip, M.Ed., LMHC, MAC, CCDCIII, CDP. Two volumes. Approximately \$100 and available at: <http://mckillipbasics.com>

Hazelden Co-occurring Disorders Program – Integrated Services for Substance Use and Mental Health Problems

Faculty from the Dartmouth Medical School, 6 modules and DVD; approximately \$1300, but individual modules and DVD are sold separately. Available at:

http://www.hazelden.org/OA_HTML/ibeCCtpItmDspRte.jsp?item=11684&sitex=10020:22372:US

Co-Occurring Disorders Workbook – Recovery Strategies for Substance Use and Mental Health Disorders – Third Edition

Dennis C. Daley, MSW. Approximately \$25 and available at: <http://drdenniscdaley.com>

Overcoming Addictions – Skills Training for People with Schizophrenia

Lisa J. Roberts, Andrew Shaner, and Thad A. Eckman. Book is approximately \$25 and available at <http://books.wwnorton.com> (or major bookstore websites) and accompanying VHS tape [ISBN#:9780393703184(8)] available by calling W.W. Norton & Company, Inc. at 212-354-5500

Intervention for Alcohol, Cannabis and Amphetamine Use among People with a Psychotic Illness

Amanda Baker, Sandra Bucci, & Frances Kay-Lambkin. Free download:

<http://www.ct.gov/dmhas/lib/dmhas/cosig/AustralianCODtreatmentmanual.pdf>

The following curricula, while not specific to co-occurring disorders, can add to a mental health program's ability to deliver integrated services for individuals with co-occurring disorders:

Group Treatment for Substance Abuse – A Stages-of-Change Manual

Mary Marden Velasquez, Ph.D., Gaylyn Gaddy Maurer, Cathy Crouch, & Carlo C. DiClemente. Approximately \$25 and available: major bookstore websites

Treating Alcohol Dependence – A Coping Skills Training Guide

Peter M. Monti, Ronald M. Kadden, Damaris J. Rohsenow, Ned L. Cooney, David B. Abrams. Approximately \$25 and available: major bookstore websites