

## Co-Occurring Disorders Self-Help Groups in Connecticut

### Jewett City

#### DUAL RECOVERY ANONYMOUS

Jewett City: 6:30 p.m.-8:30 p.m.

Full Gospel Community Church.

A Christian-centered 12-step recovery program. Dual Recovery Anonymous is an independent, 12-step, nonprofessional, self-help organization for people who are chemically dependent and also are affected by an emotional or psychiatric illness.

For information, call 376-5203.

### Norwich

#### CO-OCCURRING DISORDERS GROUP

Norwich: 5:30-6:30 p.m. Tuesdays and 2 p.m.-3 p.m. Thursdays

Catholic Charities, 331 Main St.

For adults ages 18 and older who are coping with both a substance abuse issue and a mental health issue who want to live clean and sober and develop positive coping skills to manage daily life.

Registration: 889-8346, Ext. 262.

#### DUAL RECOVERY ANONYMOUS

Norwich: 4:15 p.m.-5:30 p.m. Tuesdays and 3:00 p.m.-4:30 p.m. Fridays

124 Laurel Hill Ave.

Blue Print readings. Dual Recovery Anonymous is an independent, 12-step, nonprofessional, self-help organization for people who are chemically dependent and also are affected by an emotional or psychiatric illness.

Information: Leslie, 885-1908.