

State of Connecticut
State Board of Mental Health and Addiction Services
May 18, 2016
Connecticut Valley Hospital

Present: Chairman John Hamilton, Ken Aligata, Craig Allen, Peggy Ayer, Kristie Barber, Richard Borer, Sharon Castelli, Deb Dettor, Marcia Dufore, Kathy Flaherty, Ingrid Gillespie, Jennifer Gross, Tina Inferrera, Jennifer Henry, Irene Herden, Marcus McKinney, Pat Mosimann, Bob Painter, Manuel Paris, Brian Reigner, Jim Smith, Tom Steen, Janine Sullivan-Wiley, Margaret Watt, Donna Zaharevitz

Excused: Juan Hernandez, Ismene Petrakis Kevin Sevarino, Judith Shaw

DMHAS Staff: Commissioner Delphin-Rittmon, Deputy Commissioner Nancy Navarretta, Paul Di Leo, Barbara Bugella, Mary Kate Mason, Daryl McGraw, Bill Pierce, Marilyn Duran

Agenda Item 1: Call to order and introductions

The meeting was called to order at 2:36 PM by Chairman John Hamilton

Agenda Item 2: Minutes of previous meetings review and action

The minutes from the April 20, 2016 meeting were reviewed and accepted.

Agenda Item 3:

- **Opioid Forums/Alcohol and Drug Policy Council (ADPC) Update:** Commissioner Delphin-Rittmon informed the board that the opioid forums are continuing and are well received and attended. The forums provide an opportunity to share information about what is going on out there and to hear people's concerns and challenges as well as share stories of recovery.

The ADPC has three different workgroups looking at prevention, treatment, and long-term recovery related issues. The Governor's office has secured a consultant to work with ADPC on information gathering sessions with community members and to attend the forums.

- **Budget/PNP Reductions:** Commissioner Delphin-Rittmon stated that DMHAS has a budget now and the majority of the funding to RACs and RMHBs has been restored. The DMHAS Budget Workgroup has been meeting continuously.

Paul DiLeo gave an overview of the DMHAS budget. The budget for FY17 is \$625,573,000; \$17 million of the \$72 million proposed cut has been restored. The cuts occurred in all accounts since there was an across the board percentage that was applied.

Barbara Bugella talked about the impact of the budget on state facilities. There were 76 DMHAS employees laid off from the facilities and OOC. The Norwalk Transitional Residential Program (TRP) has closed and the TRP in Bridgeport will soon be closed. The Valley View Café at CVH has closed. There are some changes to other programs that you may see such as managers taking on new programs and so on.

Agenda Item 4:

- **Connecticut Community for Addictions Recovery (CCAR) Certification of Recovery Homes in CT:** Ken Aligata and Deb Dettor from CCAR gave a presentation on the CCAR certification process of recovery homes in CT. There is no state or federal oversight of recovery houses in the state of CT. The National Alliance for Recovery Residences (NARR) was created using CCAR's minimum standards for housing and they are being used in 22 states and growing. Both CCAR and NARR want

safe affordable recovery houses for people in recovery from alcohol and/or drugs. The certification process is a three-step process that is voluntary. For more information contact Ken at ken@ccar.us

Agenda Item 5:

➤ General Updates/Announcements:

- **Region 1:** Margaret Watt announced that the region is doing a lot of community education trainings. They did a two-day suicide intervention training and will do another one on June 29th in Norwalk. The region will hold their very first Spanish Mental Health First Aide Training in CT.
- **Region 2:** Kristie Barber announced that on 5/19/16, in Bridgeport, there will be a state-wide behavioral health listening forum on the state innovation model; around 75 individuals have signed up to attend. To celebrate advocacy, on 6/8/16 is Tom Parson's Day which will be held on the CVH campus for the New Haven and Middlesex counties as well as Region 2.
- **Region 3:** Jennifer Gross announced that Region 3 had the opportunity to attend Senator Chris Murphy's round table discussion on the opioid crisis. Region 3 is also working on a feature length transportation video.
- **Region 4:** Marcia DuFore stated that Region 4 is doing a lot of focus groups on the priority planning for DMHAS.
- **Region 5:** Janine Sullivan-Wiley said that the Region 5 is doing community education trainings.
- **Advocacy Unlimited (AU):** Jennifer Henry announced that AU is sponsoring a dialogue for CT Hearing Voices Network at Central CT State University (CCSU) on 6/2/16 at 6 PM.
- **Connecticut Legal Rights Project (CLRP):** Kathy Flaherty stated that CLRP will not have to shut down their housing intake.
- **Connecticut Prevention Network (CPN):** Ingrid Gillespie announced that CPN members are doing community readiness survey for DMHAS prevention and it is close to 40 percent return rate.

Agenda Item 6: Items for future agenda

- **June:** Community Health Center (CHC), Weitzman Institute (Integrated Primary/Specialty Care)
- **September:** ADPC Subcommittee Reports
- **October:** Coordinated Access Network (CAN) Update

Agenda Item 7: Adjournment

The meeting was adjourned at 4:37 PM.

The next meeting will be held on Wednesday, June 15, 2016 beginning at 2:30 PM in room 217 of CVH Page Hall.