

ALCOHOL & DRUG POLICY COUNCIL (ADPC)
Recovery and Health Management Sub-Committee
Meeting of Thursday, May 26, 2016
AIDS –CT, Hartford, CT
9:00 a.m. – 11:00 am

PRESENT: Co-Chairs: Debbie Henault (DOC), Shawn Lang (AIDS – CT); Members: Bill Halsey (DSS); Deb Dettor (CCAR); Deb Polun (Community Health Centers Association); Staff: Ines Eaton (DCF); Lauren Siembab (DMHAS)

Topic	Discussion	Action
Opioid epidemic strategic plan	Dr. Fellin from Yale presented at the ADPC May meeting. He is charged with writing a strategic plan regarding the opioid epidemic in CT for the ADPC. He has met with DMHAS, DCF, and others to obtain information. The plan is due in 3 months.	
Follow-up and Review of short-term (ST) and long term (LT) issues and strategies identified at the March and April sub-committee meetings.	ST: Expand access to naloxone. <ul style="list-style-type: none"> • Prescribers - A summary of suggestions from the OD Prevention Workgroup was discussed. Suggestions relate to access, stigma, marketing, and prescriber CEU requirements among others. A naloxone Fact Sheet for Prescribers was reviewed. • Community members – The focus may be primarily on stigma and education. It is not clear if Infoline or the 800# DMHAS number to obtain information on assessment centers has information on naloxone and/or what they should say about it. 	<ul style="list-style-type: none"> • A Fact Sheet for Prescribers was developed. Approval and distribution plans still need to be discussed. • Suggestions from the OD Prevention Workgroup and this sub-committee will be shared at the next ADPC meeting. • Infoline will be contacted to verify if they have information on naloxone and how they disseminate.
	ST: Reduce stigma and discrimination for people in recovery <ul style="list-style-type: none"> • Some of the language related to addiction and recovery does not reflect the “illness” of addiction or “hope for recovery” from the illness. • People remain concern over any repercussions for getting naloxone through their insurance. 	<ul style="list-style-type: none"> • The “Language of Recovery” document developed by Deb Dettor was reviewed. The sub-committee will recommend it be approved and adopted by the ADPC.
	ST and LT: Not fully discussed <ul style="list-style-type: none"> • ST: People who are in early recovery are at acute risk for relapse and overdose. There is a “captive audience” to whom providers can offer naloxone and overdose risk reduction education that includes people in prisons and inpatient/residential treatment. • LT: People who show up in the emergency rooms with behavioral health issues, especially those who have overdosed, don’t get connected to services. • LT: CT medical and pharmacy schools may not provide adequate information about opioids and opioid prescribing to students as is done in other states. • LT: Individuals attempting recovery or in early recovery benefit most from having hope for the future. 	
		Continue to explore ideas and resources related to “Recovery Capital”.
New Sub-committee member		The membership was reviewed. Ashley Wheeler (member) moved out of state. Other members not in attendance today had conflicts but remain interested in remaining sub-committee members. Co-Chairs will reach out to Kyle Zimmer as requested by Representative Conroy, as

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		well as to the CT Pharmacy Association, DCP, DOH, and DPH.
Next Sub-Committee Meeting		Monday, June 13 th , 9-10:30, AIDS-CT
Next scheduled meeting of the ADPC		Tuesday, June 28 th , 10:30-12:30, TBD