



## Department of Mental Health & Addiction Services Behavioral Health Recovery Program



### Intensive Case Management (ICM) Services

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As the Administrative Services Organization for the DMHAS Behavioral Health Recovery Program (BHRP), **Advanced Behavioral Health, Inc** provides direct case management supports to individuals on Husky D (formerly Medicaid for Low Income Adults).

#### **WHO IS ELIGIBLE?**

Case management supports are available to individuals anywhere in the state who are currently or potentially eligible for Husky D benefits from the State of Connecticut Department of Social Services. Priority is given to those with a history of recent inpatient treatment for behavioral health disorders and those who have specific case management needs.

The BHRP Intensive Case Management Program also focuses on individuals with specific case management needs through specialized initiatives designed to combine clinical and case management interventions. The specialized service initiatives include the following:

- **Opioid Agonist Treatment Protocol (OATP)** – Focused interventions for those who have had repeated admissions to inpatient detoxification services for a primary opioid dependence disorder;
- **Acute Care Initiative** – Specialized interventions for those with a history of multiple admissions to acute psychiatric care or a lengthy psychiatric hospitalization;
- **Alternative to Hospitalization (ATH)** – Case management staff work collaboratively with the individual and hospital emergency room staff to facilitate access to more appropriate treatment options.

#### **WHAT SERVICES ARE PROVIDED?**

The ABH Recovery Specialist works with each individual to develop a recovery plan that will meet the person's specific needs. The Recovery Specialist will work closely with the individual in the community to assist him/her in moving through the recovery continuum. Services may include assistance with connecting to behavioral health or medical treatment, housing, and/or work. Case management staff also helps with access to a variety of recovery supports, including transportation and sober housing.

#### **HOW DO I MAKE A REFERRAL?**

If you have an individual who is currently or potentially eligible for Husky D with a behavioral health disorder and specific case management needs the provider or the client can call 1-800-606-3677 and press option #3. Our Quality Systems Specialists (QSS) are available Monday through Friday between 8:30 am and 5:00 pm and will ask for some basic information including a Release of Information (ROI) signed by the individual. Referrals may also be faxed to ABH at (860) 704-6145. A copy of the ICM Referral Form and ROI form is available on the ABH web site ([http://www.abhct.com/resources\\_gabhp.asp](http://www.abhct.com/resources_gabhp.asp)). The QSS will schedule an intake and let you know the outcome of the referral as quickly as possible.