

FREE Opioid Education and Family Support Groups

Opioid Education and Family Support Groups are being held throughout the state for adult and young adult (age 16 and older) family members and other loved ones of individuals who are misusing opioids (including heroin) or have an opioid use disorder. Meetings include an educational component, discussion and mutual support.

Topics may include basic information about opioid use disorder, overdose prevention, Medication Assisted Treatment, co-occurring mental health disorders, self-help groups for addiction and for co-occurring disorders, family dynamics, and self-care as well as other topics suggested by group members.



Contact information for groups near you:

Clifford Beers Clinic, New Haven

Central Access Line 203-772-1270 or oesupport@cliffordbeers.org

Community Renewal Team, Hartford

(Spanish-Speaking Group)

Janet Rodriguez 860-761-7920 or rodriguezj@crtct.org

McCall Foundation, Torrington

Leann Mitchell 860-496-2139 or Leann.Mitchell@mccallcenterct.org

NAMI Connecticut, Waterbury

Paul Brainerd 860-882-8674, 860-310-4055 or pbrainerd@namict.org

Sound Community Services, New London

Nicole Hayes 860-271-4712 or Nicole.Hayes@soundct.org