

Substance Use Disorder Treatment Resource Guide

Treatment Resources:

- 1. Department of Mental Health & Addiction Services (DMHAS)**
www.ct.gov/dmhas - Finding Services (by town / region)
<http://www.ct.gov/dmhas/cwp/view.asp?a=2902&q=335226> - Opiate Treatment Programs
- 2. Connecticut Behavioral Health Partnership (CT BHP)**
http://www.ctbhp.com/members/mbr_findprv.htm - Online Provider Directory listing all Medicaid Behavioral Health Providers, with notes on who is taking new patients.
- 3. Substance Abuse Mental Health Services Administration (SAMHSA) Behavioral Health Treatment Service Locator** 1-800-662-HELP
<https://findtreatment.samhsa.gov> - Extensive listing of licensed, certified drug and alcohol treatment facilities.
- 4. Substance Abuse Treatment Enhancement Project (SATEP) Access Line** 1-800-563-4086
http://www.abhct.com/Programs_Services/SATEP_Access_Line/
 - Partnership to help eligible individuals receive substance abuse treatment in the North Central Region, particularly Hartford.
 - Increases access and provides coordinated treatment services, including case management, housing, and transportation.
 - Toll free, 24/7, 365 days a year
- 5. Enhanced Care Clinics (ECCs)**
http://www.ctbhp.com/providers/prv_enhancedcare.htm - Directory by region
 - See patients with emergent needs within two hours, patients with urgent needs within two days, and the capability to see patients with routine needs within two weeks. Also offer extended coverage outside of normal business hours.
- 6. Behavioral Health Recovery Program (BHRP)** Clinical Recovery Supports: 1-800-606-3677
http://www.abhct.com/Programs_Services/BHRP/ Basic Recovery Supports: 1-800-658-4472
 - Provides assistance to HUSKY D/Medicaid for Low Income Adult recipients who are temporarily unemployed and in need of substance use disorder recovery supports.
 - Supports include recovery & independent housing, bus passes, food, clothing, and personal care items. Also offers clinical services such as intensive and long-term substance use disorder residential treatment, when determined to be medically necessary.

Same Day/Open Access Locations:

- 1. InterCommunity**, 281 Main Street, East Hartford, CT 860-569-5900
<http://www.icmhg.org/>
 - Behavioral Health services for both adults and children.
- 2. APT Foundation**, 1 Long Wharf Drive, New Haven, CT 203-781-4600
<https://aptfoundation.org/>



- Walk-In Evaluation Hours, first come, first serve basis - Mon 8:00am-12:00pm; Tue 7:30am-8:30am; Wed 8:00am-12:00pm; Thu 7:30am-8:30am; Fri 8:00am-11:00pm

3. Community Health Resources

<http://www.chrhealth.org/substance-abuse/outpatient-services>

- Individuals or referring agents should call a clinic during regular business hours to complete a phone screening. Individuals will be admitted to an orientation group within one week.
- Call specific Outpatient Clinic to confirm:
 - Bloomfield: 860-243-6584 (open access 2 days a week)
 - Enfield: 860-253-5020 (open access 5 days/week)
 - Willimantic: 860-456-3215 (open access 1 day a week)
 - Danielson: 860-774-7179 (open access 1 day/week)
 - Manchester: 860-645-0487 (open access 5 days/week)
 - Norwich: 55 Main Street, Suite 270
 - Putnam: 860-928-1860

4. First Choice Health Center

860-528-1359

<http://www.ehchc.org/>

5. LifeBridge Community Services

203-368-4291

<http://www.lifebridgect.org/programs/behavioral-health/>

- Serves the Greater Bridgeport and lower Fairfield County areas.
- Walk-In clinic for mental health services, intake and assessment, crisis intervention, trauma-focused treatment for children, individual and family counseling, group therapy, medication management, and inter-agency and community resource referrals. Bilingual services are available.

6. Wellmore Behavioral Health

203-755-1143

<http://wellmore.org/adult-services/outpatient-services/>

- Serves northwestern CT
- Adult Outpatient Services' assessments offered daily using an Open Access model for walk-in evaluations.

7. Wheeler Clinic

1-800-793-3588

<http://www.wheelerclinic.org/>

- Behavioral Health Services for adults at 999 Asylum in Hartford, 75 North Mountain Road in New Britain, and 91 North West Drive in Plainville.

12-Step Recovery Programs:

1. CT Alcoholics Anonymous (AA)

<http://www.ct-aa.org/find-a-meeting/>

2. Narcotics Anonymous (NA)

1-800-627-3543

<http://ctna.org/find-a-meeting.php>

- Contact for upcoming events and group locations and times. The local, toll free Helpline is available for people 24 hours a day, 7 days a week.



Other:

211 Infoline United Way of Connecticut

2-1-1

www.infoline.org

- Single source for information about community services, referrals to human services, and crisis intervention. It operates 24 hours a day, 365 days a year. Multilingual caseworkers and TDD access.

Medication Assisted Treatment (MAT) for Substance Use Disorders:

	Methadone	Buprenorphine/ Suboxone	Naltrexone/ Vivitrol
APT Foundation, New Haven 203-781-4740 https://aptfoundation.org/substance-use/	✓	✓	
Bridges, Milford 203-878-6365 http://www.bridgesct.org/			✓
Bristol Hospital, Bristol 860-585-3000 http://www.bristolhospital.org/services.aspx		✓	✓
CASA, Bridgeport http://casainct.org/homepage.html http://casainct.org/maas.html	✓	✓	✓
CHR, Putnam and Enfield 1-877-884-3571 http://www.chrhealth.org/substance-abuse/intervention-and-pretrial-programs#potp	✓	✓	✓
Community Health Services (FQHC), Hartford http://www.chshartford.org/#!/behavioral-health-department/c1njv		✓	
Community MH Affiliates (CMHA), New Britain 860-224-8192 http://www.cmhacc.org/program-services/substance-abuse-services		✓	
Community Substance Abuse Centers, Hartford 860-247-8300 http://www.csacmethadone.com/Hartford.htm	✓		
CT Addiction Medicine, Rocky Hill 860-757-3874 http://www.ctaddictionmedicine.com/		✓	✓
CT Counseling, Waterbury, Danbury, Norwalk http://ctcounseling.org/index.html	✓		



	Methadone	Buprenorphine/ Suboxone	Naltrexone/ Vivitrol
Hartford Dispensary (multiple locations) http://www.ct.gov/dmhas/cwp/view.asp?q=335226	✓	✓	
CS- Hill Health (FQHC), New Haven http://cornellscott.org/phpworx/index.php?cmd=content&action=view_service&id=27		✓	✓
Liberation Programs, Stamford 203-325-1511 http://www.liberationprograms.org/Home	✓		
Middlesex Hospital /Behavioral Health IOP http://middlesexhospital.org/our-services/hospital-services/behavioral-health		✓	✓
Natchaug "Care Plus", Groton 860-449-9947 http://natchaug.org/programs.htm#network		✓	
New Era, New Haven and Bridgeport http://newerarehabilitation.com/	✓	✓	
Norwalk Community Health Center (FQHC) http://www.norwalkchc.org/services.php		✓	✓
Optimus (FQHC), Stamford 203-621-3700 http://optimushealthcare.org/			✓
Recovery Network of Programs (RNP), Bridgeport 203-416-1915 http://www.recovery-programs.org/index.html	✓	✓	✓
Rushford (multiple locations) 1-877-577-3233 https://www.rushford.org/Content/Medication Assisted Treatment MAT .asp		✓	
Staywell, Waterbury 203-756-8021 http://www.staywellhealth.org/		✓	
Waterbury Hospital OP http://www.waterburyhospital.org/hospital-services/behavioral-health/addiction-services/		✓	
Wellmore, Waterbury 203-574-9000 http://wellmore.org/		✓	

Buprenorphine Treatment Facility Locator:

http://www.buprenorphine.samhsa.gov/bwns_locator/index.html



Helpful Tips to Consider

- **Develop a Memorandum of Understanding** with Substance Use Disorder Provider(s) in your local area to enhance access, communication, and coordinate care for mutual patients;
- **Co-locate** Behavioral Health Specialist staff in primary care practice/on your team;
- Enhance your internal capacity to treat patients by getting training in and offering **Medication Assisted Treatment** for alcohol and opioid use disorders: <http://www.medicaid.gov/Federal-Policy-Guidance/Downloads/CIB-07-11-2014.pdf>; or consider applying for a waiver to prescribe Buprenorphine http://buprenorphine.samhsa.gov/waiver_qualifications.html;
- Get **Substance Abuse Facility License** through CT Department of Public Health: http://www.ct.gov/dph/cwp/view.asp?a=3120&q=387680&dphNav_GID=1601
- Hire a Referral Coordinator or other staff member dedicated to helping patients access specialty care.

