

Transitional Case Management Programs



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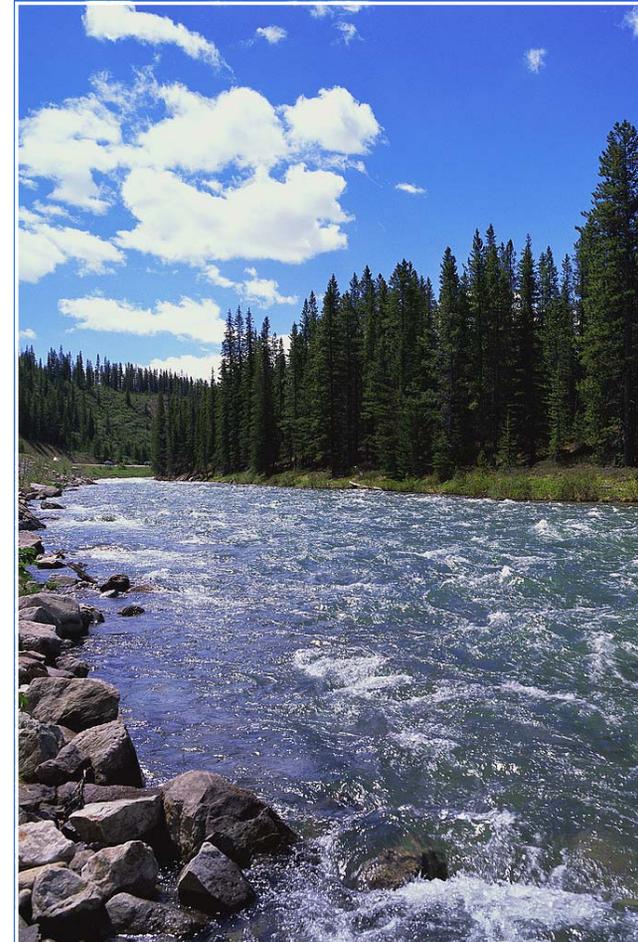


TCM
We Make it Easier.

**Transitioning from a structured
setting to one with complete
freedom can be overwhelming.**

**Transitional Case Management
offers you temporary structure
and support to help you succeed.**

Transitional Case Management



*A program of the Connecticut State
Department of Mental Health
and Addiction Services*

What is Transitional Case Management?

The goal of the Transitional Case Management program (TCM) is to help ensure a successful transition back into the community after incarceration. This is accomplished through comprehensive case management and substance abuse treatment that supports inmates three months prior and up to four months after release from prison. These supports will help you find your strengths and achieve your goals.

Appropriate Clients

- Individuals scheduled for release within three months
- A resident of Hartford, Waterbury, Bristol/New Britain, or Norwich/New London areas
- A desire to be free from alcohol and/or drug addictions
- No association with parole or probation required



Program Services

The TCM program gives access to many supports that assist in securing temporary housing, gaining employment and maintaining sobriety as you start your life back in the community. A mutual commitment from both parties is crucial to success.

Your Commitment to TCM

- Attend weekly individual sessions before release from incarceration
- Attend weekly group therapy sessions after your release
- Participate fully in your transition plan, for it will help you make needed changes

Our Commitment to You

- Creation of a transition plan that meets your specific needs and emphasizes your strengths
- Linkage to support services such as employment, sober housing, medical insurance, transportation and other resources
- Continued weekly meetings with the TCM team

Our Staff and You

The TCM clinician and case manager will work closely with you during your transition period. They will provide:

- Encouragement and support
- Mentoring and guidance
- Education
- Coordination of services
- Advocacy
- Counseling and crisis intervention
- Monitoring and follow-up
- Belief in your ability to succeed and achieve your goals

If you are interested in being considered for the TCM program, write Addiction Services in your facility to be referred.



Step by Step



Transitioning from a structured setting to one with complete freedom.