

# Crisis Recovery Collaborative



Enhanced crisis stabilization services for adults living in Middlesex County, Lyme, Old Lyme, Meriden and Wallingford.

The **Crisis Recovery Collaborative** is a joint initiative between Rushford and River Valley Services to enhance crisis services for adults living in Middlesex County, Lyme, Old Lyme, Meriden and Wallingford. The collaborative provides 24-hour support, supervision and clinical treatment for individuals 18 years and older who are experiencing a mental health or emotional crisis and would benefit from assessment, crisis stabilization and referral services rather than hospitalization. Services may be provided in Middletown at River Valley Services or in Meriden at Rushford depending on the level of need.

#### **Why the program may be helpful to you:**

The Crisis Recovery Collaborative allows for brief treatment to avoid hospitalization. Individuals can be directly admitted from inpatient care or from the community to prevent an unnecessary emergency department visit. The goal is to return individuals back to the community to continue their recovery in the least restrictive environment.

#### **Who is appropriate for the program:**

The program is appropriate for those experiencing an emotional or mental health crisis; for those with a mental disability qualifying for pre- or post-hospitalization evaluation; or for those experiencing a crisis who need medication stabilization and linkage to other community-based services.

#### **What services are provided:**

Services provided by the Recovery Collaborative include:

- Community-based MOBILE CRISIS assessments and connection to services
- 24-hour crisis stabilization beds as needed
- Crisis Hotline
- Warmline

#### **Program Goal:**

To help clients get through a crisis as quickly as possible with the least amount of disruption in their lives.



## FREQUENTLY ASKED QUESTIONS

**How do I get referred to the program?** Speak with your discharge planner at the hospital, or if you are in the community, call the appropriate contact number listed below.

**Will I be able to keep my own case manager?** Yes, you will be able to continue with your current case manager.

**Can family and friends visit?** Generally, family and friends can visit. However, there may be special situations where this is not in the best interest of the individual.

**Is it a locked unit?** During the day, the units are not locked, but both sites have curfew times and are locked after the curfew for security reasons.

**How do I get transported to and from the program?** Staff and Case Managers will work with individuals to find transportation as needed.

## Contact Information

MIDDLESEX AREA  
Leak Hall, Silver Street  
Middletown, CT 06457  
(860) 344-2100

MERIDEN/WALLINGFORD  
883 Paddock Ave  
Meriden, CT 06450  
(800) 567-0902