

CSS Training Program References and Resources

Module 1: Framework for the Prevention and Management of Dangerous Behavior

1. Weiss EM, Altamari D, Blint DF, et al: Deadly Restraints. The Hartford Courant, October 1998
2. www.fda.gov/opacom/backgrounders/safeuse.html
3. Center for Medicare/Medicaid Services: Part 482- Conditions of Participation for Hospitals: § 482.13 (e) Standard: Restraint or Seclusion. Final Rule
4. National Association of State Mental Health Program Directors (NASMHPD): Training Curriculum for the Reduction of Seclusion and Restraint, 2005 www.nasmhpd.org
5. OSHA: Guidelines for Preventing Workplace Violence for Healthcare and Social Service Workers – OSHA 3148-01R, 2004.
6. DMHAS Commissioner's Policy 22 A, B, E (R/S/Behavioral Management in Community).
7. Davidson L, et al: Concepts of Recovery in Behavioral Health: History, Review of Evidence and Critique. White Paper/DMHAS/no date. Available on DMHAS website.
8. DMHAS Practice Guidelines for Recovery-Oriented Behavioral Healthcare 2007. Available on DMHAS website.
9. DMHAS Commissioner's Policy 83: Promoting a Recovery-Oriented Service System
10. Carmel H, Hunter M: Compliance with Training in Managing Assaultive Behavior and Injuries from Inpatient Violence. Hospital and Community Psychiatry 41:5, 1990
11. Carmel H, Hunter M: Staff Injuries From Inpatient Violence. Hospital and Community Psychiatry January 1989, 40:1 (41-46)
12. Infantino JA, Mustingo Sen-Yoini: Assaults and Injuries Among Staff with and Without Training in Aggression Control Techniques. Hospital and Community Psychiatry 36: 1312-1314, 1985
13. Lehman, LS, Padilla M, Clark S: Training Personnel in the Prevention and Management of Violent Behavior. Hospital and Community Psychiatry 34: 40-43, 1983.

Additional Recommended Reading:

Curie CG: SAMHSA's Commitment to Eliminating the Use of Seclusion and Restraint. Psychservices.psychiatryonline.org September 2005, Vol.56, No. 9.

Lipscomb, JA, Love, CC: Violence Toward Health Care Workers and Emerging Occupational Hazard. AAOHN Journal 40: (219-228), May 1992.

Mays D: Is Violence a Mental Health Problem? Some Data. maysdv@dhfs.state.wi.us

Torrey EF: Violent Behavior by Individuals with Serious Mental Illness. Hospital and Community Psychiatry, 1994.

Geller, ES: Ten Principles for Achieving a Total Safety Culture. Professional Safety (18-24), September 1994.

Module 2: Risk Factors for Dangerous Behavior

14. http://www.ace_team.com/maslow_/maslow_nds_02.html
15. Barrett ES: Impulsiveness and Aggression: Chapter in Violence and Mental Disorder, Developments in Risk Assessment Monahan and Steadman.
16. <http://www.humanillnesses.com/Behavioral-Health-Fe-Mu/Impulsivity.html> <http://www.Impulsivity.org>
17. DSM 4 related to diagnostic categories.
18. Monahan J, Steadman HJ: Violence and Mental Disorder The University of Chicago Press, 1994 Chapter 2: Anger as a Risk Factor for Violence among the Mentally Disordered.

CSS Training Program References and Resources

19. killology.com/art_psych_combat.htm (use of chart as reference only, **not** the article content)
20. Dvoskin, JA: What are the Odds on Predicting Violent Behavior? www.vachss.com/guest_dispatches/dvoskin2.html
21. Fowler D, Freeman D, Smith B, et al: The Brief Core Schema Scales (BCSS): psychometric properties and associations with paranoia and grandiosity in non-clinical and psychosis samples. *Psychological Medicine*, 36 (749-759) 2006.
22. Corte C: Schema Model of the Self-concept to Examine the Role of the Self-Concept in Alcohol Dependence and Recovery. *Journal of American Psychiatric Nurses Association*, 2007, 13(1), (31-41).
23. Crowner M: Understanding and treating violent psychiatric patients. American Psychiatric Press, Inc., Chapter 6, 2000.

Module 3: Collaborative Risk Prevention Strategies

24. Dvoskin, JA: Risk Assessment Presentation at the 2nd Annual National Conference on Crisis Intervention Teams, September 26, 2006.
25. Carroll R (editor): Risk Management Handbook for Health Care Organizations, Second Edition. American Hospital Publishing, Inc. 1997.
26. Zimmerman GL, Olsen CG, Bosworth MF: A "Stages of Change" Approach to Helping Patients Change Behavior. *American Family Physician*, March 2000.
27. Haber, Judith, et al. *Comprehensive Psychiatric Nursing*. McGraw Hill Book Company, 1978 (8).
28. Pasquale E, Arnold HM, DeBasio N, Alesi EG: *Mental Health Nursing: A Holistic Approach*, Edition 2. The C.V. Mosby Co. 1985. (265-266).
29. Roadmap to Seclusion & Restraint Free Mental Health Services SAMHSA www.samhsa.gov *Manual*
30. Morrison EF: A Coercive Interactional Style as an Antecedent to Aggression in Psychiatric Patients. *Research in Nursing and Health* 1992, 15, (421-431).
31. Harris D and Morrison EF: Managing Violence without Coercion. *Archives of Psychiatric Nursing*, Vol IX, No. 4 (August) 1995: 203-210.
32. Morrison EF: The Evolution of a Concept: Aggression and Violence in Psychiatric Settings. *Archives of Psychiatric Nursing*, Vol IIIIX, No. 4 (August) 1994: 245-253.
33. Johnson KJ, Morrison EF: Control or negotiation: A health care challenge. *Nursing Administration Quarterly* 1993, 17(3) (27-33)
34. Caldwell B: Effective Strategies for Moving from Control to Collaboration. Training Program for Southwest CT Mental Health Center May 22, 2007. Caldwell Management Associates.
35. Aleksunes M: Take Charge! Don't be a Target: A guide to Personal Safety. DMHAS Division of Safety Services.
36. OSHA: Guidelines for Preventing Workplace Violence for Healthcare and Social Service Workers – OSHA 3148-01R 2004.
37. Murphy T, Bennington-Davis M: Restraint and Seclusion, The Model for Eliminating their Use in Healthcare, HCPPro, Inc. (3), 2005.

Additional Recommended Reading:

- Battaglia J: Optimizing Screening, Setting, and Treatment: Agitation in the Individual Setting. February 2005 (supplement), *Psychiatric Issues in Emergency Care Settings*.
- Battaglia J: Is this patient dangerous? 5 Steps to Assess Risk. *Current Psychiatry* February 2004: Vol.3, No. 2 (15-21).

CSS Training Program References and Resources

Morrison EF: The Tradition of Toughness: A Study of Nonprofessional Nursing Care in Psychiatric Settings. *Journal of Nursing Scholarship*. Vol.22, Spring 1990

Resnick, PJ: The Prediction of Violence. Audio-Digest: *Psychiatry*, August 1995. *Audiotape*

Swanson JW: Alcohol Abuse, Mental Disorder, and Violent Behavior, An Epidemiologic Inquiry. *Alcohol Health & Research World* 17: 123-132, 1993.

Module 4: Crisis Continuum

38. Miller RK, Maier GJ, Van Rybroek GH et al: Treatment Patients "Doing Time" A Forensic Perspective. *Hospital and Community Psychiatry* Vol. 40, No. 9, September 1989.
39. Oberleitner L: Aversiveness of Traditional Psychiatric Patient Restriction. *Archives of Psychiatric Nursing*, Vol.XIV, No.2 (April), (93-97), 2000.
40. Poster, EC, Ryan, J: A Multiregional Study of Nurses' Beliefs and Attitudes About Work Safety and Patient Assault. *Hospital and Community Psychiatry*, 45: (1104-1108), November 1994.
41. Richmond I, Trujillo D, Schmelzer J, et al: Least Restrictive Alternatives: Do They Really Work? *Journal of Nursing Care Quality*: 11(1): 29-37, 1996.
42. Laura Stokowski, RN, MS, Alternatives to Restraint and Seclusion in Mental Health Settings: Questions and Answers from Psychiatric Nurse Experts: *Medscape*/posted 5/3/2007
43. Robert Bacal, Using the CARP System to Manage Conflict Constructively: Bacal & Associates, 722 St. Isidore Rd., Casselman, Ontario, Canada

Limit Setting

44. Lancee WJ, Gallop R, et al: The Relationship Between Nurses' Limit-Setting Styles and Anger in Psychiatric Inpatients. *Psychiatric Services*, Vol.46, No.6 (609-613), June 1995.
45. Vatne S. and Fagermoen MS: To correct and to acknowledge: Two simultaneous and conflicting perspectives of limit-setting in mental health nursing. The Authors. *Journal compilation Blackwell Publishing Ltd.*, 2007.
46. Misch D: dmisch@northwestern.edu: Notes from presentation, Limit Setting with Psychiatric Patients, at the 53rd Institute of Psychiatric Services October 10-14, 2001.
47. Lancee WJ, Gallop R, et al: The Relationship Between Nurses' Limit-Setting Styles and Anger in Psychiatric Inpatients. *Psychiatric Services*, Vol.46, No.6 (609-613), June 1995.
48. Neal MS, Rosenheck RA: Therapeutic Limit Setting in an Assertive Community Treatment Program. Psychservices.psychiatryonline.org

Verbal De-Escalation

49. Cowin L, Davies R, Estall G, et al: De-escalating aggression and violence in the mental health setting. *International Journal of Mental Health Nursing* 12: (64-73) 2003
50. Johnson KJ, Morrison EF: Control or negotiation: A health care challenge. *Nursing Administration Quarterly*: 17(3), (27-33), 1993.
51. Maier GJ: Managing Threatening Behavior: The Role of Talk Down and Talk Up. *Journal of Psychosocial Nursing*, Vol. 34, No.6, 1996.
52. Stevenson, S: Heading Off Violence with Verbal De-Escalation. *Journal of Psychosocial Nursing*, 29: (6-10), 1991.

Distraction

53. Champagne T, Stromberg N: Sensory Approaches in Inpatient Psychiatric Settings, Innovative Alternatives to Seclusion and Restraint. *Journal of Psychosocial Nursing and Mental Health Services* (35-43), September 2004.

CSS Training Program References and Resources

54. dosReis S, Barnett S, Love R, et al: A Guide for Managing Acute Aggressive Behavior of Youths in Residential and Inpatient Treatment Facilities. *Psychiatric Services*, October 2003, Vol 54, No.10 (1357-1363).

Staff and Patient Perceptions

55. Illkiw-Lavelle O, Grenyer BF: Differences Between Patient and Staff Perceptions of Aggression in Mental Health Units. Psychservices.psychiatryonline.org
56. Frueh BC, Knapp RG, Cusack KJ, et al: Patients' Reports of Traumatic or Harmful Experiences Within the Psychiatric Setting. *Psychservices. psychiatryonline.org* Vol.56, No.9, September 2005.
57. McCain M, Kornegay K: Behavioral Health Restraint: The Experience and Beliefs of Seasoned Psychiatric Nurses. *Journal for Nurses in Staff Development* Vol. 21, No. 5 (236-242), 2005.
58. Mohr, W., Petti, T., Mohr, B.: Review Paper, Adverse Effects Associated with Physical Restraint. *The Canadian Journal of Psychiatry*: 48 (330-337) 2003.

Preventing Restraint Related Injury and Death

59. Farnham FR, Kennedy HG: Acute excited states and sudden death. *British Medical Journal*; 315:7116 (1107-1108), 1997.
60. Masters, K. and Wandless, D.: Use of Pulse Oximetry During Restraint Episodes. *Psychiatric Services* 56 (1313-1313), 2003.
61. www.YAHOO!onhealth.com: Heart Attack and Unstable Angina. January 12, 2006 (Christopher Hess).
62. Robinson D: Sudden In-Custody Death Syndrome *Top Emergency Medicine* Vol. 27, No 1. (36-43), 2005.
63. Pudiak CM, Bozarth MA: Cocaine Fatalities increased by Restraint Stress. *Life Sciences*, Vol. 55, No 199, 1994.
64. Kumar A: Case Reports: Sudden Unexplained Death in a Psychiatric Patient- a case report: the role of phenothiazines and physical restraint. *Medical Science Law* Vol. 37.2, 1997.
65. Council Report: The association between antipsychotic drugs and sudden death: CR 57 (1997). *Psychiatric Bulletin* (730-732) 1997.
66. www.educationoptions.org : Excited Delirium Restraint Asphyxia, Positional Asphyxia and "In-Custody Death" Syndromes. May 2006. (Conner, Michael MD)
67. Sullivan-Marx EM: Psychological Responses to Physical Restraint Use in Older Adults. *Journal of Psychosocial Nursing*, Vol. 33, No.6, 1995

Post Crisis Debriefing

68. JCAHO: Standards for Behavioral Health Care: Standard PC 12.160

Documentation

69. JCAHO: Standards for Behavioral Health Care: Standard PC 12.170

Additional Recommended Reading:

NTAC: *Managing Conflict Cooperatively: Making a Commitment of Nonviolence and Recovery in Mental Health Treatment Settings*, December 2002. Report from National Experts Meeting April 22-25, 2002.

Heilbrun K, Golloway G, Shoukry V, Gustafson D: Physical Control of Patients on an Inpatient Setting: Forensic VS. Civil Populations *Psychiatric Quarterly*, Vol. 66, No.2, Summer 1995.

Huckshorn KA: Reducing Seclusion and Restraint Use in Mental Health Settings. *Journal of Psychosocial Nursing and Mental Health Services*, (22-33), September 2004.

Jonikas JA, Cook JA, Rose C et al: A Program to Reduce Use of Physical Restraint in Psychiatric Inpatient Facilities. *Psychiatric Services*, Vol.55-7 (818-820), July 2004.

CSS Training Program References and Resources

Johnson ME, Delaney KR: Keeping the Unit Safe: A Grounded Theory Study. Journal of American Psychiatric Nurses Association, Vol.12, No. 1(13-20), 2006.

Johnson ME: Violence on Inpatient Psychiatric Units: State of the Science. Journal of American Psychiatric Nurses Association, Vol.10, No.3 (113-121), 2004.

Maier GJ, Stava LJ, Morrow BR et al: A Model for Understanding and Managing Cycles of Aggression Among Psychiatric Inpatients. Hospital and Community Psychiatry, May 1987.

Martin T, Daffern M: Clinician perceptions of personal safety and confidence to manage inpatient aggression in a forensic psychiatric setting. Journal of Psychiatric and Mental Health Nursing,13 (90-99), 2006.

Miller RK, Maier GJ, Van Rybroek GH et al: Treatment Patients "Doing Time" A Forensic Perspective. Hospital and Community Psychiatry Vol. 40, No. 9, September 1989.

Visalli H, McNasser G, Johnstone L, Lazzaro C: Reducing High-Risk Interventions for Managing Aggression in Psychiatric Settings. Journal of Nursing Care Quality. 11(3): (54-61), 1997.

Dattilio FM, Freeman A, eds. Cognitive-Behavioral Strategies in Crisis Intervention. 2nd ed. New York, N.Y.: Guilford, 2000.

Module 5: Restraint and Seclusion Application, Use and Discontinuation

70. JCAHO Sentinel Event Alert: Issue 8, November 18,1998

http://www.jointcommission.org/SentinelEvents/SentinelEventAlert/sea_8.htm

71. JCAHO PC.12.30 A 7.

72. JCAHO PC.130, PC.140

73. Manufacturers' Instruction Sheets: <http://www.posey.com/poseystore/files/I9254.pdf>

Additional Recommended Reading:

Donat DC: Encouraging Alternatives to Seclusion, Restraint, and Reliance on PRN Drugs in a Public Psychiatric Hospital. [Psychservices.psychiatryonline.org](http://psychservices.psychiatryonline.org) September 2005 Vol.56, No. 9.

Haimowitz JD, Urf J, Huckshorn KA: Restraint and Seclusion - A Risk Management Guide. Also available at nasmhpd.org

The CMS Restraint Training Requirements Handbook 2007, hcPRO, Inc.

Module 5: Outpatient

70. Gavin De Becker: Gift of Fear, Survival Signals. Little, Brown and Co. 1997 (Text)

71. CT. General Statute 53a – 19, 20 and 21.

ADDITIONAL CSS RELATED RECOMMENDED TEXTS, PUBLICATIONS, ARTICLES

Eichelman SB, Hartiwg AC: Patient Violence and the Clinician: Clinical Practice #30 American Psychiatric Press, Inc. 1995.

Learning from Each Other: Success Stories and Ideas for Reducing Restraint and Seclusion in Behavioral Health. www.naphs.org

Lippincott, Williams and Wilkins: Psychiatric Nursing Made Incredibly Easy. Wolters Kluwer Company, 2004.

American Psychiatric Association: Clinician Safety Task Force Report 33. 1993.