

**State of Connecticut**  
**State Board of Mental Health and Addiction Services**  
**November 18, 2015**  
**Connecticut Valley Hospital**

**Present:** Chairman John Hamilton, Craig Allen, Peggy Ayer, Samuel Ball, Kristie Barber, Eileen Bronko, Marcia Dufore, Ingrid Gillespie, Jennifer Gross, Lee Heller, Irene Herden, Juan Hernandez, Tina Infrerra, Bob Painter, Ismene Petrakis, Brian Reigner, Kevin Sevarino, Jim Smith, Tom Steen, Margaret Watt

**Excused:** Manuel Paris, Kathy Flaherty, Pat Mosimann, Judith Shaw, Janine Sullivan-Wiley, Sharon Castelli, Deb Dettor

**DMHAS Staff:** Commissioner Delphin-Rittmon, Deputy Commissioner Nancy Navarretta, Paul DiLeo, Michael Michaud, Mary Kate Mason, Bill Pierce, Andrea Duarte, Marilyn Duran

**Agenda Item 1: Call to order and introductions**

The meeting was called to order at 2:45 PM by Chairman John Hamilton

**Agenda Item 2: Agenda review, Minutes of previous meetings review and action**

The minutes from the October 19, 2015 meeting were reviewed and accepted.

**Agenda Item 3:**

1. ***Budget/Budget Rescissions:*** Paul Dileo informed the board that the Governor agreed to negotiate the budget with the legislative leadership and three plans have come out of this. One is for the executive branch and the other two are for the legislative branch which is the democratic and public portions of the republican plan. Paul also discussed the highlights of the plans. The executive branch plan is trying to come up with \$330 million. The Democrat's branch plan is trying to replace the rescissions and not add to it. The Republican plan has pension restructuring and higher contributions for employees.
2. ***Alcohol Drug Policy Council (ADPC) update and the Commissioner's Framework for the Prevention and Treatment of Opioid Addiction:*** Commissioner Delphin-Rittmon shared a letter from the Governor that went out to ADPC members and a copy of the framework for the prevention and treatment of opioid addiction and overdose. The ADPC will now form work groups to work on the framework. A list of all the ADPC members will be sent to the Board.

**Agenda Item 4:**

- ***Connecticut Suicide Advisory Board:*** Andrea Durate from the DMHAS Prevention Unit did a presentation on suicide prevention in Connecticut and shared some of the work that the Suicide Advisory Board is working on. She provided a copy of the Suicide: 2015 Facts and Figures.

**Agenda Item 5:**

- ***Legislative:*** Tabled

**Agenda Item 6: General Updates**

- **Region 1:** Margaret Watt passed around some information on [www.turningpointct.org](http://www.turningpointct.org).
- **Region 3:** Jennifer Gross announced the region has done some interviews on the Norwich State Hospital Oral History Project.
- **Region 4:** Marcia DuFore informed the board that the region has done two types of community trainings. One of the trainings was a mental health first aid training for police officers and the other was on how to handle phone calls before it becomes a crisis situation.

- **CPN:** Ingrid Gillespie announced that CPN will hold another forum on training for faith intervention with referral for treatment.

**Agenda Item 7: Other Business, items for future agenda and Announcements**

- The Commissioner wants the Board to think about making an opioid/overdose quilt.
- Michael Michaud announced that at our next board meeting in January we will have a presentation by Lauren Siembab on medication assisted treatment and then we will follow it up in February with methadone and medication assisted treatment with a criminal justice forensic component.
- The Commissioner announced that Mary Kate Mason will be the new DMHAS legislative liaison.

**Agenda Item 8: Adjournment**

The meeting was adjourned at 4:41 PM.

The next meeting will be held on Wednesday, January 20, 2016 beginning at 2:30 PM in room 217 of CVH Page Hall.