

Panel Discussion

Addressing Risky Behaviors in Older Adults:
Gambling Awareness

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Successful Aging: The Intersection of Physical & Behavioral Health
DMHAS/DORS/SUA Conference, March 22, 2019
Masonicare at Ashlar Village





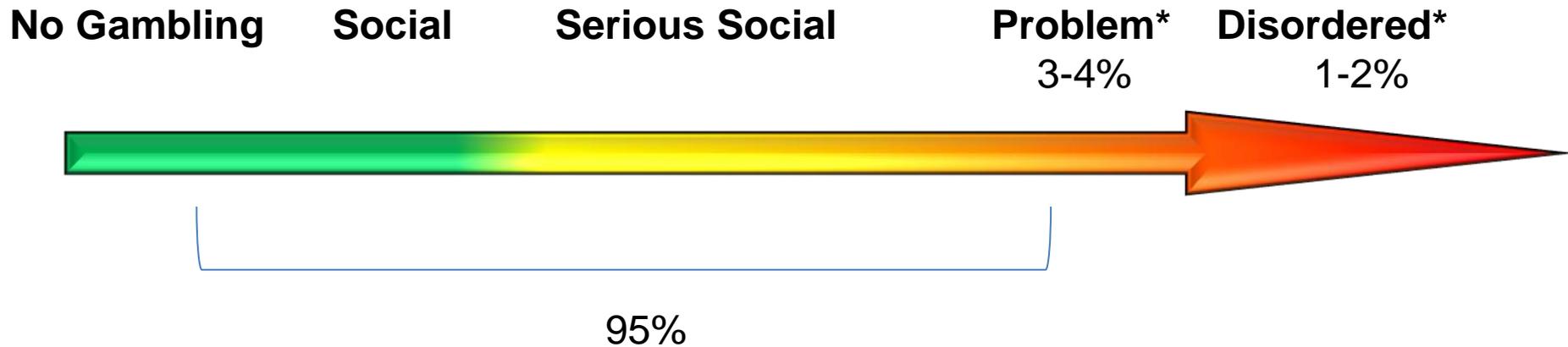
senior day
Wednesdays 10am-3pm
\$25
FREE PLAY HOT SEATS
2 Winners Every Hour!







The Gambling Continuum



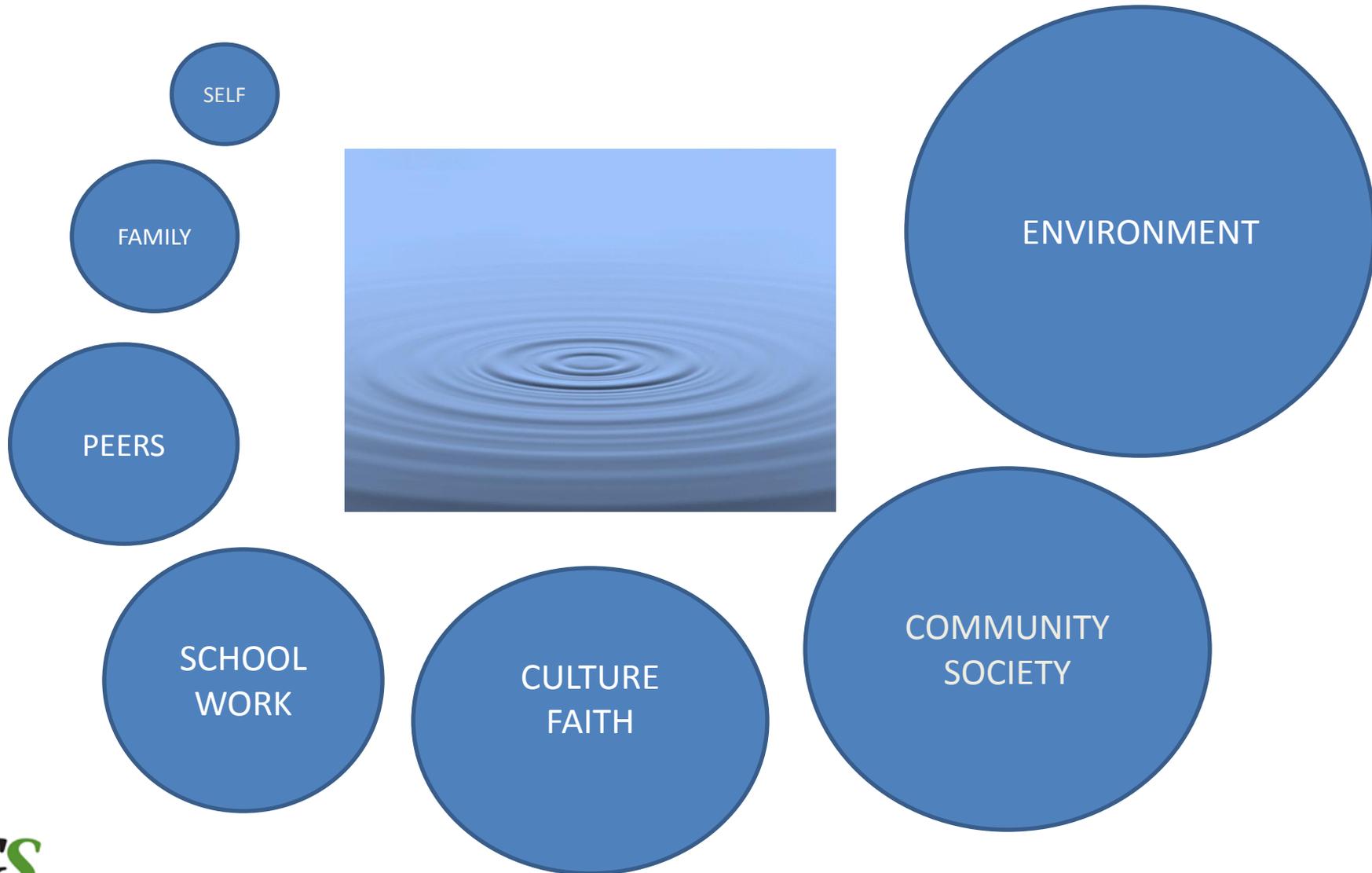
- ❖ SA/MH increase 10x's
- ❖ Department of Correction/Criminal Justice population increase 20x's



Warning Signs

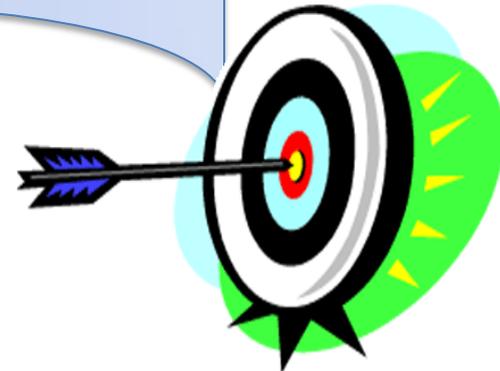
- Where's the food?
- Behind in bills
- Gambling paraphernalia (scratch tickets, casino mailings, cards, dice, sports pages...)
- Frequent visits to the casino, convenience store, OTB.
- Talks about gambling wins
- Preoccupation
- Tolerance
- Withdrawal
- Loss of control
- Chasing losses
- Lies to conceal the extent of involvement with gambling.
- Jeopardized or lost a significant relationship, job, educational or career opportunity because of gambling.
- Bailouts (relying on others to provide money to relieve desperate financial situations caused by gambling).

Risk and Resilience



Three Important Messages for Everyone

1. Gambling is not a risk-free activity.
2. Know how to keep the problem out of gambling.
3. Help is available for people with gambling problems, and persons affected.

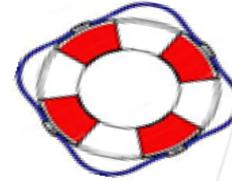


KEEP GAMBLING SAFE & AFFORDABLE

Set a limit on time & money and stick to it.

Learn how games work.

Balance gambling with other leisure activities.



**Problem Gambling Toll-Free
HELPLINE: 1-888-789-7777**

KEEP THE PROBLEM OUT OF GAMBLING

- **Gamble with limits on time, frequency, and duration.**
- **Gamble in a social setting with others, not alone, & with money you can afford to lose.**



Helpline: 1-888-789-7777

www.ct.gov/dmhas/pgs



PROBLEM
GAMBLING
SERVICES

Gambling and Financial Well-Being



Older Adults

Women

People in Recovery

PGS Prevention Partners

- **Congregational Assistance Program (CAP):**
6 hours training MH/SA/Suicide/GA &
Local Supports for Faith
Communities/Community Organizations
- **Regional Gambling Awareness Teams:**
Prevention, TX, Recovery, Industry,
Community members. Data, resource
management, CAP coordination.

More PGS Prevention Partners

- MH/SA TX: Disordered Gambling Integration
- MH/SA Recovery Communities
- Special Populations: Caribe Youth/Family Athletic League; AAPI
- G-FACT: Gambling Awareness for All Ct
- Partnership for Responsible Gambling: Ct Lottery, Ct Council on Problem Gambling

Point of Contact for Regional Gambling Awareness Teams

Region 1: Ingrid Gillespie, Executive Director, Communities4Action
igillespie@communities4action.org

Region 2: Pam Mautte, Divisional Director, BH Care
Pmautte@bhcare.org

Region 3: Michele Devine, Executive Director, SERAC
ct.task.force@sbcglobal.net

Region 4: Marcia DuFore, Executive Director, NCRMHB
mdufore@ncrmhb.org

Region 5: Allison Fulton, Executive Director, HVCASA
allison.fulton@hvcasa.org

**CT DMHAS Problem Gambling Services
Treatment & Prevention**

www.ct.gov/dmhas/pgs

**Problem Gambling Helpline
(888) 789-7777**

PG Live Chat: www.problemgambling.org;

Click on Chat or Text "CTGAMB" to 53342

National Council on Problem Gambling

www.ncpgambling.org

Problem Gambling Awareness Month Tool Kit, NCPG Prevention Committee

Problem Gambling Services

“To provide a ***comprehensive network*** of consumer-related problem gambling recovery services...to foster an environment throughout the state that ***promotes informed choices*** around gambling behavior.”

Gambling is...

Risking money or material goods

on an event

with an **uncertain outcome**

in the hope of winning

additional money

&/or material goods.

Williams, Volberg, Stevens, & Williams, 2015