



Plan of Safe Care

- Client is currently admitted into our long term, residential, Women and Children’s, Substance Use Treatment Program.
- Our Women and Children’s program provides clients with a minimum of **20-hours of substance use disorder treatment weekly**,
- Group and individual interventions include but are not limited to: Relapse Prevention, Co-Occurring Disorders, Parenting in Recovery, Anger Management/Domestic Violence, Family and Natural Supports Relations, Vocational, Discharge Planning, Trauma education, individually and/or in Group setting.
- This Plan of Safe Care provides a current picture of client’s engagement in her recovery process, as of today’s Date: _____

Client Name: _____ Date of Admission: _____
 Client Cell/Phone: _____ Date of Birth: _____

Program: _____ Program Case Manager: _____
 Address: _____
 Phone: _____

Pregnancy Due Date: _____ OB/GYN Physician/Office: _____
 Plans to Breastfeed? Yes No Plans for post-Partum contraception? Yes No
 If so, explain: _____

DCF Involved? Yes No If so, DCF Region: _____
 If so, DCF Social Worker Name: _____ Phone: _____
 Post-Discharge Plan for Mom and Baby? _____

Name of Child/ren currently in client’s care: Name: _____ Age: _____
 Name: _____ Age: _____

Medical/Medications:
 Medication Assisted Treatment*? Yes No If so, Medication/Dose: _____
 Prescriber Name/Agency Name: _____
 Address: _____ Phone: _____
 Client’s Drug of Choice: _____
 Client:

Used Substances during pregnancy? Yes No Last Date of Substance Use: _____
 Treated with opioids for chronic pain, during pregnancy*? Yes No
 Treated with benzodiazepines, during pregnancy*? Yes No

Mental Health Diagnoses: _____

| List of Client’s Current Medications: | Dose/Frequency | Prescriber |
|---------------------------------------|----------------|------------|
| | | |
| | | |
| | | |

Emergency Contact:

Name: _____ Relationship: _____

Address: _____ Phone: _____

Client/Family current Strength and Goals:

Check box (es) for all applicable services and new referrals for infant and mother/caregiver and N/A, if not applicable:

| | <i>Discussed</i> | <i>Active</i> | <i>Pending/ Referred</i> | Organization/Program |
|---|------------------|---------------|--------------------------|-----------------------------|
| Prenatal Care | | | | |
| Medication Assisted Treatment | | | | |
| Mental Health Treatment | | | | |
| Substance Use Treatment | | | | |
| Safe Sleep | | | | |
| 12 STEP/Recovery Groups | | | | |
| Recovery Supports (Sponsor, Network, CCAR, ABH, | | | | |
| Childcare | | | | |
| Home visiting | | | | |
| WIC | | | | |
| Birth to Three/Early Childhood | | | | |
| Housing Assistance | | | | |
| Financial Assistance/Employment/DSS | | | | |
| Parenting Groups | | | | |
| Faith Based Supports | | | | |
| Other | | | | |

If my baby is to remain in hospital for continued monitoring after birth, I plan to coordinate with my Case Manager and program staff to make arrangement with hospital staff, in efforts to assist with my baby's care and continue to meet my program expectations. Client initials: _____

Client Signature: _____ Date: _____

Case Manager Signature: _____ Date: _____

Supervisor Signature: _____ Date: _____