

REACH PROVIDERS AND SERVICE AREAS

There is “no wrong door” for referrals. For services, contact the Women’s REACH program in your area.

CASA

203-339-4777

www.casainct.org/projectcourage.html

Region 1- Serving greater Bridgeport, Norwalk, & Stamford communities

The Connection

475-234-1717

www.theconnectioninc.org/family-support-services/

Region 2- Serving greater Meriden, Middletown, & New Haven communities

Advanced Behavioral Health

860-704-6367

www.abhct.com/Programs_Services/Women-s-REACH/

Region 3- Serving greater New London, Norwich, & Windham communities

The Village for Families & Children

860-236-4511

www.thevillage.org/program/womens-reach-program/

Region 4- Serving greater Bristol, Hartford, Manchester, & New Britain communities

The McCall Center for Behavioral Health

860-496-2100

www.mccallcenterct.org/womens-reach

Region 5- Serving greater Danbury, Torrington & Waterbury communities

For more information about DMHAS funded programs and services for women:

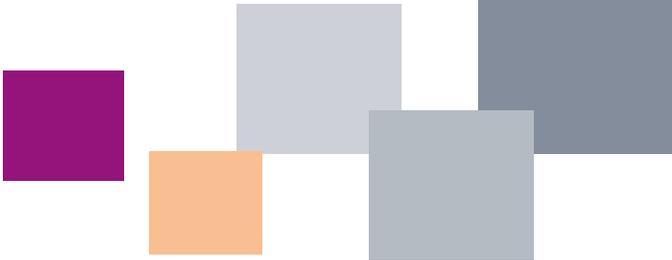


<https://www.ct.gov/dmhas>

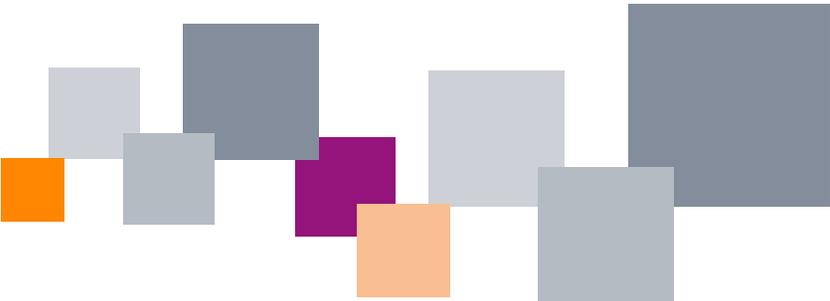
For additional questions, contact DMHAS Women’s Services staff:

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Director
shelly.nolan@ct.gov or
860-262-6605

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Program Manager
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860-262-5985



Women’s Recovery Engagement Access Coaching Healing Program



Women's REACH Program

The Women's REACH Program is designed to provide outreach, engagement, case management, recovery coaching, community connections to treatment, and recovery support resources to women, in particular those who are pregnant and/or parenting.

Services

The Women's REACH program provides female Recovery Navigators for pregnant or parenting women with substance use or co-occurring disorders.

The Women's Recovery Navigator will provide education, advocacy, recovery coaching and case management to individuals choosing to work with a Recovery Navigator. Engagement in the program is voluntary.

Through their personal knowledge of the recovery community, each Navigator will help connect women to services aimed at enhancing their recovery journey while supporting their goals as they develop a safe support network.

Community Outreach

Women's Recovery Navigators will spend most of their time in the community outreaching to and engaging with women, establishing and maintaining community connections, and facilitating connections between the two.

Recovery Navigators help women develop collaborative relationships with community-based medical and behavioral health providers, including birthing hospitals, recovery programs, DCF, and the Office of Early Childhood.

Recovery navigators help women access the services they need to develop a personal recovery support network and become successful mothers.

The Women's Recovery Navigator is not intended to replace clinical services; rather enhance them. Within their respective agencies, Navigators are part of the team.

Plan of Safe Care

The Women's Recovery Navigator will support women and their health care providers in the development of a Plan of Safe Care.

A Plan of Safe Care is meant to be a community safety net for families affected by substance use. Ideally, the plan is established during pregnancy, *prior to child welfare involvement*.

- **Physical health**
 - Pre-natal & Post-partum care
 - Support with breast feeding
 - Medication and pain management
 - Reproductive health including contraception and pregnancy planning
- **Behavioral health**
 - Engagement, treatment, recovery supports and retention
 - Treatment for partner/other family members
- **Infant health and development**
 - High risk follow-up care, with referral to specialty care
 - Developmental screening and assessment, linkage to early intervention services
 - Early care and education programs
- **Parenting/family support**
 - Coordinated case management
 - Home Visiting/Head Start
 - Housing, employment support, child care, transportation