

Resources for Healthy Foods and Beverages in Schools

This document summarizes webpages and resources to assist schools with implementing the federal and state requirements for competitive foods in schools. These resources are from the Connecticut State Department of Education (CSDE), U.S. Department of Agriculture (USDA), and other organizations related to school nutrition. “Competitive foods” are all foods and beverages available for sale to students on school premises, separately from reimbursable meals and snacks served through the USDA’s [Child Nutrition Programs](#) (CNPs). Under Section 10-215b-1 of the Regulations of Connecticut State Agencies, competitive foods also include certain foods and beverages (i.e., candy, tea, coffee, and soft drinks) that are given to students while CNPs are operating.

The federal and state requirements include:

- Healthy Food Certification (HFC) under [Section 10-215f](#) of the Connecticut General Statutes (C.G.S.);
- the Connecticut Nutrition Standards (CNS) under C.G.S. [Section 10-215e](#);
- USDA’s Smart Snacks nutrition standards for competitive foods ([81 FR 50131](#));
- Connecticut’s beverage statute for public schools (C.G.S. [Section 10-221q](#));
- Connecticut’s statute requiring public schools to sell nutritious and low-fat foods whenever foods are sold to students during the school day (C.G.S. [Section 10-221p](#));
- Connecticut’s competitive foods regulations ([Sections 10-215b-1 and 10-215b-23 of the Regulations of Connecticut State Agencies](#));
- USDA’s School Wellness Policy ([Section 4 of Public Law 108-265](#) and the [Healthy, Hunger-Free Kids Act of 2010](#));
- USDA’s regulation for revenue from nonprogram foods ([7 CFR 210.14 \(f\)](#)); and
- USDA’s policies and guidance for competitive foods ([USDA policy memos for the NSLP and SBP](#)).

These laws determine what and when foods and beverages may be sold or given to students. They also regulate the accrual of income from sales of competitive foods. Some laws apply differently depending on whether the school is a public school, private school, or residential child care institution (RCCI). Some laws apply during the school day, while others apply at all times or while the USDA’s CNPs are operating. When the federal and state laws supersede each other, schools must follow the stricter requirements. For an overview of these requirements, see the CSDE’s handout, [Overview of Federal and State Laws for Competitive Foods in Connecticut Public Schools, Private Schools, and Residential Child Care Institutions](#).



Resources for Healthy Foods and Beverages in Schools

Adult Education Programs

Requirements for Selling Foods and Beverages in Adult Education Programs (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/HFC/AdultEdHFC.pdf>

Beverages

Allowable Beverages in Connecticut Public Schools (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/CompFoods/AllowableBeverages.pdf>

Allowable Milk Substitutes for Children without Disabilities in School Nutrition Programs (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/SpecDiet/Milksub.pdf>

Beverage Requirements (CSDE webpage):

<https://portal.ct.gov/SDE/Nutrition/Beverage-Requirements>

Beverage Requirements for Connecticut Public Schools (PowerPoint Presentation) (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/CompFoods/BeveragesPresentation.pdf>

Requirements for Beverages Containing Water and Juice (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/CompFoods/WaterJuiceBev.pdf>

Celebrations

Competitive Foods Resource List (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/Resources/ResourcesSCHOOLFD.pdf>

Healthy Celebrations (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/Resources/HealthyCelebrations.pdf>

Competitive Foods

Competitive Foods in Schools (CSDE webpage):

<https://portal.ct.gov/SDE/Nutrition/Competitive-Foods>

Competitive Foods Resource List (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/Resources/ResourcesSCHOOLFD.pdf>

Connecticut Competitive Foods Regulations (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/CompFoods/CTCompFoodRegulation.pdf>

CSDE Operational Memorandum No. 1-18: Accrual of Income from Sales of Competitive Foods in Schools:

<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Memos/OM2018/OM01-18.pdf>

CSDE Operational Memorandum No. 11-14: Overview of Federal versus State Nutrition Standards for Competitive Foods in Schools:

<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Memos/OM2014/OM11-14.pdf>

Guide to Competitive Foods in HFC Public Schools (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/CompFoods/CompetitiveFoodsGuideHFC.pdf>

Resources for Healthy Foods and Beverages in Schools

Guide to Competitive Foods in Non-HFC Public Schools (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/CompFoods/CompetitiveFoodsGuideNonHFC.pdf>

Guide to Competitive Foods in Private Schools and Residential Child Care Institutions (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/CompFoods/CompetitiveFoodsPrivateRCCI.pdf>

Overview of Federal and State Laws for Competitive Foods in Connecticut Public Schools, Private Schools, and Residential Child Care Institutions (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/CompFoods/OverviewFederalStateLaws.pdf>

Questions and Answers on Connecticut Statutes for School Foods and Beverages (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/HFC/CTStatutesQA.pdf>

Regulations of Connecticut State Agencies (Sections 10-215b-1 and 10-215b-23):

https://eregulations.ct.gov/eRegsPortal/Browse/RCSA/Title_10Subtitle_10-215b/

Requirements for Competitive Foods in HFC Public Schools (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/HFC/RequirementsHFC.pdf>

Requirements for Competitive Foods in Non-HFC Public Schools (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/HFC/RequirementsNonHFC.pdf>

Requirements for Competitive Foods in Private Schools and Residential Child Care Institutions (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/HFC/RequirementsPrivate.pdf>

Summary Chart: Federal and State Requirements for Competitive Foods in HFC Public Schools (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/CompFoods/SummaryChartHFC.pdf>

Summary Chart: Federal and State Requirements for Competitive Foods in Non-HFC Public Schools (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/CompFoods/SummaryChartnonHFC.pdf>

Summary Chart: Federal and State Requirements for Competitive Foods in Private Schools and Residential Child Care Institutions (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/CompFoods/SummaryChartprivateRCCI.pdf>

Resources for Healthy Foods and Beverages in Schools

Connecticut General Statutes

C.G.S. Section 10-215. Lunches, breakfasts and other feeding programs for public school children and employees:

https://www.cga.ct.gov/current/pub/chap_169.htm#sec_10-215

C.G.S. Section 10-215a. Nonpublic school and nonprofit agency participation in feeding programs: https://www.cga.ct.gov/current/pub/chap_169.htm#sec_10-215a

C.G.S. Section 10-215e. Nutrition standards for food that is not part of lunch or breakfast program: https://www.cga.ct.gov/current/pub/chap_169.htm#sec_10-215e

C.G.S. Section 10-215f. Certification that food meets nutrition standards: https://www.cga.ct.gov/current/pub/chap_169.htm#sec_10-215f

C.G.S. Section 10-221o. Lunch Periods and Recess: https://www.cga.ct.gov/current/pub/chap_170.htm#sec_10-221o

C.G.S. Section 10-221p. Boards to make available for purchase nutritious and low-fat foods: https://www.cga.ct.gov/current/pub/chap_170.htm#sec_10-221p

C.G.S. Section 10-221q. Sale of beverages: https://www.cga.ct.gov/current/pub/chap_170.htm#sec_10-221q

Questions and Answers on Connecticut Statutes for School Foods and Beverages: <https://portal.ct.gov/-/media/SDE/Nutrition/HFC/CTStatutesQA.pdf>

Connecticut Nutrition Standards (CNS)

Comparison of the Connecticut Nutrition Standards and the USDA Smart Snacks Nutrition Standards (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/CompFoods/CNSComparisonChart.pdf>

Connecticut Nutrition Standards (CSDE webpage):

<https://portal.ct.gov/SDE/Nutrition/Connecticut-Nutrition-Standards>

Connecticut Nutrition Standards (PowerPoint Presentation) (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/HFC/CNS/CNSpresentation.pdf>

Connecticut Nutrition Standards (PowerPoint Presentation) (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Connecticut-Nutrition-Standards//-/media/SDE/Nutrition/HFC/CNS/CNSpresentation.pdf>

Connecticut Nutrition Standards for Foods in Schools (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/HFC/CNS/CNSfulldocument.pdf>

Connecticut Nutrition Standards Worksheet 1: Snacks (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/HFC/CNS/CNSworksheet1.xls>

Connecticut Nutrition Standards Worksheet 10: Evaluating Recipes for Sugars (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/HFC/CNS/CNSworksheet10.xls>

Resources for Healthy Foods and Beverages in Schools

Connecticut Nutrition Standards Worksheet 2: Yogurt and Pudding (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/HFC/CNS/CNSworksheet2.xls>

Connecticut Nutrition Standards Worksheet 3: Smoothies (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/HFC/CNS/CNSworksheet3.xls>

Connecticut Nutrition Standards Worksheet 4: Fruits and Vegetables (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/HFC/CNS/CNSworksheet4.xls>

Connecticut Nutrition Standards Worksheet 5: Soups (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/HFC/CNS/CNSworksheet5.xls>

Connecticut Nutrition Standards Worksheet 6: Cooked Grains (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/HFC/CNS/CNSworksheet6.xls>

Connecticut Nutrition Standards Worksheet 7: Entrees (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/HFC/CNS/CNSworksheet7.xls>

Connecticut Nutrition Standards Worksheet 8: Non-entree Combination Foods (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/HFC/CNS/CNSworksheet8.xls>

Connecticut Nutrition Standards Worksheet 9: Nutrient Analysis of Recipes (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/HFC/CNS/CNSworksheet9.xls>

Connecticut Nutrition Standards Worksheets (CSDE webpage):

<https://portal.ct.gov/SDE/Nutrition/Connecticut-Nutrition-Standards/Documents>

Evaluating Foods for Compliance with the Connecticut Nutrition Standards (CSDE webpage):

<https://portal.ct.gov/SDE/Nutrition/Connecticut-Nutrition-Standards/How-To>

Guidance on Evaluating Recipes for Compliance with the Connecticut Nutrition Standards (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/HFC/EvaluateRecipeCNS.pdf>

How to Evaluate Foods Made from Scratch for Compliance with the CNS (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/HFC/EvaluateScratchFoodsCNS.pdf>

How to Evaluate Purchased Foods for Compliance with the CNS (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/HFC/EvaluatePurchasedCNS.pdf>

Product Formulation Statement for Grains (USDA):

<https://fns-prod.azureedge.net/sites/default/files/PFSgrains13-14.pdf>

Questions and Answers on Connecticut Statutes for School Foods and Beverages (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/HFC/CTStatutesQA.pdf>

Submitting Food and Beverage Products for Approval (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/HFC/EvalRecipe.pdf>

Summary of Connecticut Nutrition Standards (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/HFC/CNS/SummaryCNS.pdf>

Whole Grain-rich Criteria for Grades K-12 in the NSLP and SBP (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/WGRCriteria.pdf>

Resources for Healthy Foods and Beverages in Schools

Culinary Programs

CSDE Operational Memorandum No. 31-14: Federal and State Requirements for Culinary Education Programs (Smart Snacks versus Connecticut Nutrition Standards):
<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Memos/OM2014/OM31-14.pdf>

Food Rewards

Alternatives to Food Rewards (CSDE):
<https://portal.ct.gov/-/media/SDE/Nutrition/Resources/FoodRewards.pdf>

Fundraisers

Healthy Fundraising (CSDE):
<https://portal.ct.gov/-/media/SDE/Nutrition/Resources/HealthyFundraising.pdf>

Healthy Food Certification Fundraiser Requirements (PowerPoint Presentation) (CSDE):
<https://portal.ct.gov/-/media/SDE/Nutrition/HFC/HFCPresentationFundraisers.pdf>

Requirements for Food and Beverage Fundraisers in Private Schools and Residential Child Care Institutions (CSDE):
<https://portal.ct.gov/-/media/SDE/Nutrition/HFC/FundraisersPrivate.pdf>

Requirements for Food and Beverage Fundraisers in HFC Public Schools (CSDE):
<https://portal.ct.gov/-/media/SDE/Nutrition/HFC/FundraisersHFC.pdf>

Sample Fundraiser Form (CSDE):
<https://portal.ct.gov/-/media/SDE/Nutrition/HFC/FundraiserFormHFC.doc>

Healthy Food Certification (HFC) Application

Application Procedures for HFC (PowerPoint Presentation) (CSDE):
<https://portal.ct.gov/-/media/SDE/Nutrition/HFC/App/ApplicationPresentation.pdf>

CSDE: Operational Memorandum No. 05-19: Process for Submitting the HFC Statement for School Year 2019-20:
<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Memos/OM2019/OM05-19.pdf>

Exemptions for Foods and Beverages in Public Schools (CSDE):
<https://portal.ct.gov/-/media/SDE/Nutrition/HFC/FoodBeverageExemptions.pdf>

Healthy Food Certification Application (CSDE webpage):
<https://portal.ct.gov/SDE/Nutrition/Healthy-Food-Certification/Apply>

Responsibilities of HFC District Contact Person (CSDE):
<https://portal.ct.gov/-/media/SDE/Nutrition/HFC/DistrictContactResponsibilities.pdf>

Submitting Connecticut's Healthy Food Certification Statement for School Year 2019-20 (CSDE):
<https://portal.ct.gov/-/media/SDE/Nutrition/HFC/App/HFCappsteps.pdf>

Resources for Healthy Foods and Beverages in Schools

HFC Documentation

Completing the Online Healthy Food Certification Compliance Form (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/HFC/Doc/OnlineHFCForm.pdf>

Districts Required to Submit Food and Beverage Lists (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/HFC/Doc/RequiredDistricts.pdf>

Documentation Requirements for Healthy Food Certification (PowerPoint Presentation) (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/HFC/Doc/HFCPresentationDocumentation.pdf>

Ensuring District Compliance with Healthy Food Certification (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/HFC/EnsureHFC.pdf>

Guidance for Healthy Food Certification Documentation (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/HFC/Doc/GuidanceHFCDoc.pdf>

Healthy Food Certification Documentation (CSDE webpage):

<https://portal.ct.gov/SDE/Nutrition/Healthy-Food-Certification/Documents>

Healthy Food Certification Requirements

Complying with Healthy Food Certification (PowerPoint Presentation) (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/HFC/HFCPresentationComplying.pdf>

Ensuring District Compliance with Healthy Food Certification (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/HFC/EnsureHFC.pdf>

Exemptions for Foods and Beverages in Public Schools (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/HFC/FBexemption.pdf>

Healthy Food Certification (CSDE webpage):

<https://portal.ct.gov/SDE/Nutrition/Healthy-Food-Certification>

Requirements for Foods and Beverages in HFC Public Schools (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/HFC/RequirementsHFC.pdf>

Responsibilities of District Contact Person for Healthy Food Certification (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/HFC/DistrictContactResponsibilities.pdf>

List of Acceptable Foods and Beverages

Contact Information for Vendors Selling Foods and Beverages Listed on the Connecticut State Department of Education's List of Acceptable Foods and Beverages (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/HFC/FBlist/VendorContact.pdf>

List of Acceptable Foods and Beverages (CSDE webpage):

<https://portal.ct.gov/SDE/Nutrition/List-of-Acceptable-Foods-and-Beverages>

Submitting Food and Beverage Products for Approval (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/HFC/FBlist/SubmitProduct.pdf>

Resources for Healthy Foods and Beverages in Schools

Summary of Updates (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/HFC/FBlist/UpdatesFBList.pdf>

Meal Patterns and Menu Planning

Afterschool Snack Program Handbook (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/ASP/ASPHandbook.pdf>

Afterschool Snack Program Meal Pattern for Grades K-12 (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/ASP/ASPmpK12.pdf>

Afterschool Snack Program Meal Pattern for Preschoolers (Ages 1-4) (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/ASP/ASPmppreschool.pdf>

Child Nutrition (CN) Labeling Program (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/CNlabel.pdf>

Comparison of Afterschool Snack Program Meal Pattern Requirements for Preschool and Grades K-12 (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/ASP/ASPComparisonPreschoolK12.pdf>

Comparison of Meal Pattern Requirements for Preschool and Grades K-12 in the NSLP and SBP (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Preschool/ComparisonPreschoolK12.pdf>

Crediting Foods for Preschoolers in the NSLP, SBP, and ASP (CSDE webpage):

<https://portal.ct.gov/SDE/Nutrition/Meal-Patterns-Preschoolers-in-School-Nutrition-Programs/Documents>

Crediting Foods in School Nutrition Programs (Grades K-12) (CSDE webpage):

<https://portal.ct.gov/SDE/Nutrition/Meal-Patterns-School-Nutrition-Programs>

Meal Patterns for Grades K-12 in School Nutrition Programs (CSDE webpage):

<https://portal.ct.gov/SDE/Nutrition/Meal-Patterns-School-Nutrition-Programs>

Meal Patterns for Preschoolers in School Nutrition Programs (CSDE webpage):

<https://portal.ct.gov/SDE/Nutrition/Meal-Patterns-Preschoolers-in-School-Nutrition-Programs>

Menu Planning and Food Production Resource List (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/Resources/ResourcesMP.pdf>

Menu Planning Guide for Preschool Meals in the National School Lunch Program, School Breakfast Program, and Afterschool Snack Program (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Preschool/MPGpreschool.pdf>

Menu Planning Guide for School Meals for Grades K-12 (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Menu-Planning-Guide-for-School-Meals>

Product Formulation Statements (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/PFS.pdf>

Resources for Healthy Foods and Beverages in Schools

USDA Product Formulation Statements:

<https://www.fns.usda.gov/cn/labeling/food-manufacturersindustry>

Nonprogram Foods

NSLP Regulations 7 CFR 210.14 (f): Revenue from nonprogram foods (USDA):

https://www.ecfr.gov/cgi-bin/text-idx?SID=4c211a738d6109939c6054a6286ac109&mc=true&node=pt7.4.210&rgn=div5s#se7.4.210_114

USDA Memo SP 13-2014: School Food Service Account Revenue from the Sale of Nonprogram Foods:

<https://www.fns.usda.gov/school-food-service-account-revenue-sale-non-program-foods>

USDA Memo SP 20-2016: Nonprofit School Food Service Account Nonprogram Food Revenue Requirements:

<https://fns-prod.azureedge.net/sites/default/files/cn/SP20-2016os.pdf>

School Stores

Requirements for Foods and Beverages in School Stores in HFC Public Schools (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/HFC/StoresHFC.pdf>

Requirements for Foods and Beverages in School Stores in Private Schools and Residential Child Care Institutions (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/HFC/Storesprivate.pdf>

Requirements for Foods and Beverages in School Stores in Non-HFC Public Schools (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/HFC/StoresNonHFC.pdf>

School Wellness Policies

Action Guide for Child Care Nutrition and Physical Activity Policies (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/CCPolicy/CCAG.pdf>

Action Guide for School Nutrition and Physical Activity Policies (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/SWP/Action_Guide.pdf

Resources for Child Nutrition Programs (CSDE webpage):

<https://portal.ct.gov/SDE/Nutrition/Resources-for-Child-Nutrition-Programs/Documents>

School Wellness Policies (CSDE webpage):

<https://portal.ct.gov/SDE/Nutrition/School-Wellness-Policies>

Resources for Healthy Foods and Beverages in Schools

Smart Snacks

Comparison of USDA Smart Snacks and Connecticut Nutrition Standards (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/CompFoods/CNSComparisonChart.pdf>

CSDE Operational Memorandum No. 11-15: Implementation of Smart Snacks in School: State Agency Fundraiser Elections and Exemptions:

<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Memos/OM2015/OM11-15.pdf>

CSDE Operational Memorandum No. 1-18: Accrual of Income from Sales of Competitive Foods in Schools:

<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Memos/OM2018/OM01-18.pdf>

CSDE Operational Memorandum No. 29-14: Federal and State Requirements for Grain-Only Entrees: Smart Snacks versus Connecticut Nutrition Standards: <https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Memos/OM2014/OM29-14.pdf>

CSDE Operational Memorandum No. 30-14: Smart Snacks Nutrition Standards and Exempt Fundraisers: <https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Memos/OM2014/OM30-14.pdf>

CSDE Operational Memorandum No. 31-14: Federal and State Requirements for Culinary Education Programs: Smart Snacks versus Connecticut Nutrition Standards:

<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Memos/OM2014/OM31-14.pdf>

CSDE Operational Memorandum No. 59-14: Smart Snacks Standards for Exempt Foods when Paired Together: <https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Memos/OM2014/OM59-14.pdf>

Final Rule: National School Lunch Program and School Breakfast Program: Nutrition Standards for All Foods Sold in School as Required by the HHSFKA of 2010 (Federal Register, Vol. 81, No. 146, July 29, 2016):

<https://www.fns.usda.gov/school-meals/fr-072916d>

Questions and Answers on Smart Snacks (USDA):

<https://portal.ct.gov/-/media/SDE/Nutrition/CompFoods/SmartSnacksQA.pdf>

Smart Snacks Calculator (Alliance for a Healthier Generation webpage):

<http://rdp.healthiergeneration.org/calc/calculator/>

Smart Snacks Nutrition Standards (CSDE webpage):

<https://portal.ct.gov/SDE/Nutrition/Smart-Snacks-Nutrition-Standards>

Smart Snacks Product List (Alliance for a Healthier Generation webpage):

<https://foodplanner.healthiergeneration.org/products/>

Summary of Smart Snacks Nutrition Standards (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/CompFoods/SmartSnacks.pdf>

Tools for Schools: Focusing on Smart Snacks (USDA webpage):

<https://www.fns.usda.gov/school-meals/tools-schools-focusing-smart-snacks>

Resources for Healthy Foods and Beverages in Schools

Vending Machines

Requirements for Foods and Beverages in Vending Machines in HFC Public Schools (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/HFC/VendingHFC.pdf>

Requirements for Foods and Beverages in Vending Machines in Non-HFC Public Schools (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/HFC/VendingNonHFC.pdf>

Requirements for Foods and Beverages in Vending Machines in Private Schools and Residential Child Care Institutions (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/HFC/VendingPrivate.pdf>

Resources for Healthy Foods and Beverages in Schools



For more resources, visit the CSDE's [Competitive Foods in Schools](#), [Healthy Food Certification](#), and [Smart Snacks Nutrition Standards](#) webpages or contact the [HFC Coordinator](#) in the CSDE's Bureau of Health/Nutrition, Family Services and Adult Education, 450 Columbus Boulevard, Suite 504, Hartford, CT 06103-1841.

This handout is available at <https://portal.ct.gov/-/media/SDE/Nutrition/HFC/ResourcesHealthyFB.pdf>.

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotope, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the [USDA Program Discrimination Complaint Form](#), (AD-3027) found online at: [How to File a Complaint](#), and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

- (1) mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: program.intake@usda.gov.

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The Connecticut State Department of Education is committed to a policy of equal opportunity/affirmative action for all qualified persons. The Connecticut Department of Education does not discriminate in any employment practice, education program, or educational activity on the basis of age, ancestry, color, criminal record (in state employment and licensing), gender identity or expression, genetic information, intellectual disability, learning disability, marital status, mental disability (past or present), national origin, physical disability (including blindness), race, religious creed, retaliation for previously opposed discrimination or coercion, sex (pregnancy or sexual harassment), sexual orientation, veteran status or workplace hazards to reproductive systems, unless there is a bona fide occupational qualification excluding persons in any of the aforementioned protected classes.

Inquiries regarding the Connecticut State Department of Education's nondiscrimination policies should be directed to: Levy Gillespie, Equal Employment Opportunity Director/Americans with Disabilities Coordinator (ADA), Connecticut State Department of Education, 450 Columbus Boulevard, Suite 607, Hartford, CT 06103, 860-807-2071, levy.gillespie@ct.gov.