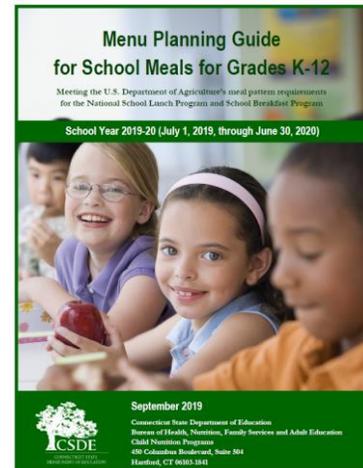


# Menu Planning Guide for School Meals for Grades K-12

The Connecticut State Department of Education's (CSDE) *Menu Planning Guide for School Meals for Grades K-12* (MPG) contains information and guidance on planning menus to meet the U.S. Department of Agriculture's (USDA) meal patterns for grades K-12 in the National School Lunch Program (NSLP) and School Breakfast Program (SBP) for school year 2019-20, based on the USDA's regulations and policies and Connecticut statutes and regulations. The contents of the MPG are subject to change. The CSDE updates this guide as the USDA issues additional policy and guidance.

For information on the meal patterns for preschoolers (ages 1-4), see the CSDE's *Menu Planning Guide for Preschool Meals in the National School Lunch Program, School Breakfast Program, and Afterschool Snack Program*.



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# Menu Planning Guide for School Meals for Grades K-12



For more information on menu planning and crediting foods, visit the CSDE's [Meal Patterns for Grades K-12 in School Nutrition Programs](#) and [Crediting Foods in School Nutrition Programs](#) webpages, or contact the [school nutrition programs](#) staff in the CSDE Bureau of Health/Nutrition, Family Services and Adult Education, 450 Columbus Boulevard, Suite 504, Hartford, CT 06103-1841.

This document is available at <https://portal.ct.gov/-/media/SDE/Nutrition/MPG/MPGOverview.pdf>.

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Office of the Assistant Secretary for Civil Rights  
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