



STATE OF CONNECTICUT
DEPARTMENT OF EDUCATION



TO: Sponsors of the National School Lunch Program

FROM: John D. Frassinelli, Bureau Chief
Bureau of Health/Nutrition, Family Services and Adult Education

DATE: September 26, 2019

SUBJECT: Operational Memorandum No. 14-19
Delayed Implementation of Grain Ounce Equivalents in the Preschool Meal Patterns

On September 25, 2019, the USDA released the final rule, *Delayed Implementation of Grains Ounce Equivalents in the Child and Adult Care Food Program* (84 FR 50287). This final rule delays the implementation (from October 1, 2019, to October 1, 2021) of the required crediting for the grains component from **servings** to **ounce equivalents**. Therefore, sponsors may continue to use servings as the measure for determining the amount of the grains component in the preschool meal patterns until **October 1, 2021**. This requirement applies to preschool meal patterns for the National School Lunch Program (NSLP), School Breakfast Program (SBP), Afterschool Snack Program of the NSLP, and Seamless Summer Option (SSO) of the NSLP.

The Connecticut State Department of Education (CSDE) has revised the preschool meal patterns, menu forms, crediting guidance, and related resources to reflect this information. Other recent USDA policy changes for crediting foods in the preschool meal patterns have also been added. The updated CSDE resources are listed on pages 2-4 of this memo. These resources are available on the CSDE's [Meal Patterns for Preschoolers in School Nutrition Programs](#) webpage and [Afterschool Snack Program \(ASP\)](#) webpage.

Sponsors should discard any previous versions dated prior to September 2019, and replace them with the updated versions.

Preschool Meal Patterns

- Afterschool Snack Program Meal Pattern for Preschoolers:
<https://portal.ct.gov/-/media/SDE/Nutrition/ASP/ASPmealpatternpreschool.pdf>
- Breakfast Pattern for Preschoolers:
<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Preschool/PreschoolMealPatternBreakfast.pdf>
- Lunch Meal Pattern for Preschoolers:
<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Preschool/PreschoolMealPatternLunch.pdf>

Preschool Menu Planning and Crediting Guidance

- Comparison of Meal Pattern Requirements for the Grains Component in School Nutrition Programs:
<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/ComparisonGrainCrediting.pdf>
- Comparison of Meal Pattern Requirements for Preschool and Grades K-12 in the NSLP and SBP:
<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Preschool/ComparisonPreschoolK12.pdf>
- Menu Planning Guide for Preschoolers in the NSLP, SBP, and ASP:
<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Preschool/MPGpreschool.pdf>
- Grain Ounce Equivalents for Preschoolers in the NSLP, SBP, and ASP (effective October 1, 2021):
<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Preschool/Preschoolozeq.pdf>
- Grain Servings for Preschoolers in the NSLP, SBP, and ASP (through September 30, 2021):
<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Preschool/PreschoolGrains.pdf>
- Calculation Methods for Grain Servings for Preschoolers in the NSLP, SBP, and ASP:
<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/GrainCalcPreschool.pdf>
- Crediting Breakfast Cereals for Preschoolers in the NSLP, SBP, and ASP:
<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/CreditCerealsPreschool.pdf>
- How to Identify Creditable Grains for Preschoolers in the NSLP, SBP, and ASP:
<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/IdentifyCreditableGrainPreschool.pdf>
- Whole Grain-rich Criteria for Preschoolers in the NSLP, SBP, and ASP:
<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/WGRCriteriaipreschool.pdf>

Preschool Menu Forms

- Five-day Breakfast Menu Planning Form for Ages 1-2:
<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Preschool/Forms/menuformBkfst12.doc>
- Five-day Breakfast Menu Planning Form for Ages 3-4:
<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Preschool/Forms/menuformBkfst34.doc>
- Four-day Breakfast Menu Planning Form for Ages 1-2:
<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Preschool/Forms/menuform4Bkfst12.doc>
- Four-day Breakfast Menu Planning Form for Ages 3-4:
<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Preschool/Forms/menuform4Bkfst34.doc>
- Seven-day Breakfast Menu Planning Form for Ages 1-2:
<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Preschool/Forms/menuform7Bkfst12.doc>
- Seven-day Breakfast Menu Planning Form for Ages 3-4:
<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Preschool/Forms/menuform7Bkfst34.doc>
- Five-day Lunch Menu Planning Form for Ages 1-2:
<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Preschool/Forms/menuformLunch12.doc>
- Five-day Lunch Menu Planning Form for Ages 3-4:
<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Preschool/Forms/menuformLunch34.doc>
- Four-day Lunch Menu Planning Form for Ages 1-2:
<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Preschool/Forms/menuform4Lunch12.doc>
- Four-day Lunch Menu Planning Form for Ages 3-4:
<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Preschool/Forms/menuform4Lunch34.doc>
- Seven-day Lunch Menu Planning Form for Ages 1-2:
<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Preschool/Forms/menuform7Lunch12.doc>
- Seven-day Lunch Menu Planning Form for Ages 3-4:
<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Preschool/Forms/menuform7Lunch34.doc>

Afterschool Snack Program

- Afterschool Snack Program Handbook:
<https://portal.ct.gov/-/media/SDE/Nutrition/ASP/ASPHandbook.pdf>
- Comparison of Meal Pattern Requirements for Preschool and Grades K-12 in the Afterschool Snack Program of the NSLP:
<https://portal.ct.gov/-/media/SDE/Nutrition/ASP/ASPComparisonPreschoolK12.pdf>
- Menu Planning Guidance for Preschoolers in the ASP:
<https://portal.ct.gov/-/media/SDE/Nutrition/ASP/ASPmenuguidancepreschool.pdf>

- Afterschool Snack Program Menu Form for Ages 1-2:
<https://portal.ct.gov/-/media/SDE/Nutrition/ASP/Forms/ASPmenuform12.doc>
- Afterschool Snack Program Sample Menu for Ages 3-4:
<https://portal.ct.gov/-/media/SDE/Nutrition/ASP/ASPsamplemenu34.pdf>
- Afterschool Snack Program Menu Form for Ages 3-4:
<https://portal.ct.gov/-/media/SDE/Nutrition/ASP/Forms/ASPmenuform34.doc>

Questions may be directed to your school nutrition consultant.

Consultants for School Nutrition Programs	
County	Consultant
<ul style="list-style-type: none"> • Fairfield County (includes Region 9) • Litchfield County (includes Regions 1, 6, 7, 12, and 14) 	Fionnuala Brown fionnuala.brown@ct.gov 860-807-2129
<ul style="list-style-type: none"> • Hartford County (includes Region 10) • Middlesex County (includes Regions 4, 13, and 17) 	Teri Dandeneau teri.dandeneau@ct.gov 860-807-2079
<ul style="list-style-type: none"> • New Haven County (includes Regions 5, 15, and 16) 	Jackie Schipke jackie.schipke@ct.gov 860-807-2123
<ul style="list-style-type: none"> • New London County • Tolland County (includes Regions 8 and 19) • Windham County (includes Region 11) 	Susan Alston susan.alston@ct.gov 860-807-2081

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Important: This is a numbered Connecticut State Department of Education (CSDE) operational memorandum that contains important program information. Please read carefully and retain for future reference. All CSDE operational memoranda are posted on the CSDE's [Operational Memoranda for School Nutrition Programs](#) webpage.