

Appendix D: Sample Agreement Concerning Blood Glucose Self-Monitoring

Determination of location(s) for blood glucose self-monitoring is made in accordance with a written authorization from a parent or guardian **and** a written order from a physician stating that such child is capable of conducting self-testing on school grounds. (If permitted by local and regional boards of education, advance practice registered nurses or physician assistants may provide written orders stating the need and the capability of children to conduct self-testing, including the time and location of blood glucose self-testing by a child with diabetes on school grounds.) Once location(s) for self-monitoring are determined and identified in the Individualized Health Care Plan (IHCP) and/or section 504 accommodation plan, the following guidelines apply:

1. Self-monitoring shall be performed in the designated location(s).
2. The student shall be responsible for disposing of lancets, strips and any other material exposed to blood either in the health office, at home or the designated location per the IHCP.
3. The parent or guardian and student have knowledge of and agree to comply with OSHA's *Universal Precautions*.
4. If, after monitoring the student is not within his/her target range, the student should notify the appropriate school personnel in accordance with the student's IHCP.
5. The parent or guardian shall be responsible for maintaining the equipment and supplies needed for self-monitoring in the school.

The above information has been reviewed by the IHCP Team, the parent or guardian and the student. The above procedures have been agreed upon by:

Parent/Guardian's signature Date

Student's signature Date

School Nurse's signature Date

School Administrator's signature Date